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Sun	11:00 AM	Group: 06234 Name: Sunday OA Recovery City: Info: speaker/literature, open Contact: Cyndy L. 636-538-1331	Virtual Method: Zoom On web? Y Primary login: 264 689 861 066708 Zoom dial-in: 312-626-6799 066708 Tech Contact: Cyndy L 636-538-1331	Face-to-Face Info:
Sun	3:00 PM	Group: 20413 Name: Sunday Step Study City: Columbia, MO Info: South door is fully accessible. Open Contact: Mary C. 913-406-5010	Virtual Method: Phone On web? Y Primary login: 971 224 6611 982571 Zoom dial-in: Tech Contact:	Face-to-Face Info: St. Andrew's Lutheran Church 914 West Blvd. S. Columbia, MO 65203 Room 107
Sun	4:00 PM	Group: 45077 Name: Abstinence First/Newcomers City: Olivette Info: accessible, newcomers, open Contact: Jody L 314-884-0880	Virtual Method: Zoom On web? N Primary login: 879 1705 1336 924115 Zoom dial-in: Tech Contact:	Face-to-Face Info: Office of Let's Build Hope 1121 Olivette Executive Parkway Olivette, MO 63132
Sun	4:00 PM	Group: 801554 Name: Welcome Home City: Jefferson City Info: discussion, closed * Contact: Lois T. 573-230-1001	Virtual Method: Zoom On web? N Primary login: Call contact Zoom dial-in: Tech Contact:	Face-to-Face Info: Zoom only
Sun	5:00 PM	Group: 24305 Name: Recovery from Relapse City: St. Louis City Info: accessible, closed * Contact: Kelley 314-591-4696	Virtual Method: Phone On web? N Primary login: (605) 475-4909 #807189 Zoom dial-in: Tech Contact:	Face-to-Face Info: Gethsemane Lutheran Church 3600 Hampton Ave. St. Louis, MO 63109 Second Floor Conference Rm

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Mon	7:00 AM	Group: 801182 Name: St. Louis Early Bird Meeting (Mon) City: Zoom, Formerly Clayton Info: Step and Tradition study, open Contact: Ruth H. 314-368-1942	Virtual Method: Zoom On web? Y Primary login: 538 040 418 002478# Zoom dial-in: 312-626-6799 002478 Tech Contact: Ruth H 314-368-1942	Face-to-Face Info: Zoom only
Mon	1:00 PM	Group: 58217 Name: Promises City: Maplewood Info: Open, Liturature/Speaker Contact: Laura R. 314-283-7165	Virtual Method: On web? Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: Maplewood United Methodist Church 7409 Flora Ave. Maplewood, MO 63143 Enter on the long sidewalk off of Flora. Meeting is upstairs. In case of inclement weather: If the Maplewood Richmond Heights School District has cancelled school, the meeting is cancelled.
Mon	5:30PM	Group: 57612 Name: City: Springfield, IL Info: Contact: Cara 217-415-3310		Face-to-Face Info: Unity Church 417 Cordelia Springfield, IL 62704
Mon	6:15 PM	Group: 33891 Name: Waterloo/Columbia OA City: Waterloo/Columbia IL Info: accessible, open Contact: Chris M. 618-340-0778	Virtual Method: On web? N Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: Hope Christian Church 9273 Coach Stop Rd. Columbia, IL 62236 Park in rear lot, enter through door on far right, room 105

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Mon	7:00 PM	Group: 801902 Name: Newcomers Meeting City: Zoom only Info: accessible, newcomers, open, speaker Contact: Jeremy C. 314-503-2760	Virtual Method: Zoom On web? Y Primary login: 845 7606 1803 661279 Zoom dial-in: 312-626-6799 661279 Tech Contact: Jeremy C 314-503-2760	Face-to-Face Info: Zoom only
Tue	7:00 AM	Group: 801181 Name: St. Louis Early Bird Meeting (Tues) City: Zoom, Formerly Clayton Info: Rotating between Step/Tradition Study and Daily Meditation Journaling Contact: Ruth H. 314-368-1942	Virtual Method: Zoom On web? Primary login: 538 040 418 002478 Zoom dial-in: 312-626-6799 002478# Tech Contact:	Face-to-Face Info: Zoom only
Tue	9:30 AM	Group: 03448 Name: Free to Choose City: Ballwin, MO Info: accessible, open Contact: Deb K 636-236-4498	Virtual Method: Zoom On web? Y Primary login: 570 080 461 057045 Zoom dial-in: 312-626-6799 057045 Tech Contact: Vernon K 217-358-1067	Face-to-Face Info: Zoom only
Tue	1:00 PM	Group: 00990 Name: New Me City: South County Info: accessible, open Contact: Marilyn F. 314-401-2552	Virtual Method: Phone On web? Primary login: 701-802-5348 5337217# Zoom dial-in: Tech Contact:	Face-to-Face Info: Concord Trinity United Methodist Church 5275 S. Lindbergh St. Louis, MO 63126 Library
Tue	4:00 PM	Group: 51315 Name: Thursday Rolla City: Rolla Info: accessible, open, literature Contact: Gail B. 573-261-1930	Virtual Method: On Web On web? Y Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: Central Community Church of God 400 N. Olive St. Rolla, MO 65401 Administrative Bldg. Right Hallway

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Tue	7:00 PM	Group: 04699 Name: Carbondale City: Carbondale, IL Info: closed * Contact: Rita 618-534-7126	Virtual Method: Zoom On web? Y Primary login: 577 859 9945 358626 Zoom dial-in: Tech Contact:	Face-to-Face Info: Zoom only
Tue	7:00 PM	Group: 50027 Name: Renewed Hope City: Alton, IL Info: accessible, steps/Big Book, open Contact: Carolyn M 618-791-8125	Virtual Method: On web? Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: St. Anthony's Hospital OSF #1 St. Anthony's Way Alton, IL 62002 Come in through the ER. Call Contact for more information.
Tue	7:00 PM	Group: 53204 Name: Welcome Home! (Eureka) City: Eureka Info: accessible, Big Book, newcomers, open Contact: DellaT. 314-580-4881	Virtual Method: Zoom On web? N Primary login: Call contact Zoom dial-in: Tech Contact:	Face-to-Face Info: St. Francis Episcopal Church 602 Rockwood Arbor Drive Eureka, MO 63025
Tue	7:15 PM	Group: 14194 Name: New Horizons City: South County Info: accessible, open Contact: Mary C. 314-302-5597	Virtual Method: Phone On web? N Primary login: Call contact Zoom dial-in: Tech Contact:	Face-to-Face Info: Zion United Methodist Church 1603 Union Rd St Louis, MO 63125
Wed	7:00 AM	Group: 801183 Name: St. Louis Early Bird Meeting (Wed) City: Zoom, Formerly Clayton Info: OA/AA literature study , closed * Contact: Ruth H. 314-368-1942	Virtual Method: Zoom On web? Y Primary login: 538 040 418 002478 Zoom dial-in: 312-626-6799 002478# Tech Contact: Ruth H 314-368-1942	Face-to-Face Info: Zoom only

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Wed	9:30 AM	Group: 800758 Name: Wednesday Morning Zoom City: Zoom only Info: closed * Literature, OA steps and/or Traditions Study Contact: Jennifer N. 618-960-8668	Virtual Method: Zoom On web? Primary login: 764 899 4684 6J0TJZ Zoom dial-in: Tech Contact:	Face-to-Face Info: Zoom only
Wed	4:30 PM	Group: 57161 Name: OA Workshop City: O'Fallon, MO Info: Open, accessible, Dedicated to OA format, literature and traditions, Week One: Step study, Week Two: Tradition study, Week Three: Literature, Week Four: Speaker, Week Five: Group Choice Contact: Penny 314-412-7600	Virtual Method: On web? Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: 207 E Pitman St. O'Fallon, MO 63366
Wed	6:00 PM	Group: 56327 Name: Work to Recover City: Earth City: must call first Info: Open Contact: Carol K. 314-630-2052	Virtual Method: Phone On web? Y Primary login: Must call contact first Zoom dial-in: Tech Contact: Carol K 314-630-2052	Face-to-Face Info: Phone only
Thu	7:00 AM	Group: 801486 Name: Any Lengths Big Book Study City: St. Charles Info: Big Book, open Contact: Cyndy L. 636-538-1331	Virtual Method: Zoom On web? Y Primary login: 641-012-022 084147 Zoom dial-in: 312-626-6799 084147 Tech Contact: Susan T 314-283-0204	Face-to-Face Info: Zoom only
Thu	10:00 AM	Group: 21534 Name: New Day City: Ferguson Info: accessible, open, literature Contact: Maria P. 314-799-6631	Virtual Method: Phone On web? Y Primary login: 978 990 5000 343985# Zoom dial-in: Tech Contact: Maria P 314-799-6631	Face-to-Face Info: St. Peter's Church 1425 Stein Road Ferguson, MO 63135

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Thu	7:00 PM	Group: 45964 Name: Recovery Book Worms City: Affton Info: accessible, study group, open Contact: Jeanine M. 314-631-5023	Virtual Method: Phone On web? Y Primary login: 605-562-8401 9649048# Zoom dial-in: Tech Contact: Jeanine M 314-631-5023	Face-to-Face Info: Phone only
Fri	7:00 AM	Group: 801184 Name: St. Louis Early Bird Meeting (Fri) City: Zoom, Formerly Clayton Info: OA/AA literature study, weekly rotating format Contact: Ruth H. 314-368-1942	Virtual Method: Zoom On web? Y Primary login: 538 040 418 002478 Zoom dial-in: 312-626-6799 002478# Tech Contact: Ruth H 314-368-1942	Face-to-Face Info: Zoom only
Sat	10:00 AM	Group: 07418 Name: Reaching Out City: Affton Info: accessible, study group, open Contact: Kathy H. 314-803-2650	Virtual Method: Zoom On web? Y Primary login: 848 3444 8141 015351 Zoom dial-in: 312-626-6799 015351 Tech Contact:	Face-to-Face Info: Affton Christian Church 9625 Tesson Ferry Road St. Louis, MO 63123
Sat	10:00 AM	Group: 08734 Name: Webster Groves Step Study City: Webster Groves Info: step study, open Contact: Elizabeth CR 215-932-0951	Virtual Method: Zoom On web? Y Primary login: 825 7618 5057 634995 Zoom dial-in: 312-626-6799 634995 Tech Contact: Jennifer L 314-229-2118	Face-to-Face Info: Webster Groves Presbyterian Church 45 W. Lockwood Ave. Webster Groves, MO 63119 Entrance on east side of church by parking lot.
Sat	10:00 AM	Group: 53859 Name: Saturday Steppers City: Springfield, IL Info: accessible, literature (step/tradition) study, open, Contact: Marie 217-416-1648	Virtual Method: On web? Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: First United Methodist Church 2941 Kokemill Road Springfield, IL 62711 Corner of Kokemill and Wabash, Room 4

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Sat	10:30 AM	Group: 46420 Name: Serenity Seekers City: Jerseyville, IL Info: accessible, open Contact: Georgia W. 618-444-3770	Virtual Method: On web? Primary login: Zoom dial-in: Tech Contact:	Face-to-Face Info: First United Methodist Church 1200 S Liberty Jerseyville, IL 62052

The next Intergroup Meetings are **November 15, 2026 and January 10, 2027 at 1:30 PM** virtually.
Note New Permanent Intergroup Zoom Meeting: ID ZOOM MEETING ID: 940 5580 8391 PASSWORD: Serenity
Note New Telephone dial-in numbers: By Telephone: 312-626-6799 password 75183374
The World Service number for the Intergroup is **09029**
Intergroup board: Eileen M., Chair; Vacant, Vice-chair; Nancy Z., Secretary; Julie J., Treasurer. info@stlouisoa.org
Questions? Call Eileen M. at 314-570-9333.