

## 2026 Fall Retreat Frequently Asked Questions

- **What are the facilities like?**

Toddhall is a 45-acre retreat center located in Columbia IL. The facilities include meeting rooms, sleeping rooms, dining hall, chapel, a meditative labyrinth garden, and a firepit area. Each room has 2 twin beds and a private bath with shower, including washcloths, towels, and soap. Pillows, sheets, and blankets are provided.

- **How far away is Toddhall?**

The retreat center is located in Columbia, IL. It is under 30-minutes from Saint Louis and about 32 minutes from Collinsville, IL.

- **Is Toddhall ADA Compliant?**

Yes. The cafeteria and meeting rooms are easily accessible. The Retreat committee has reserved a very limited number of ADA compliant guest rooms.

- **Are there stairs or elevators?**

No. All sleeping rooms, meeting room, and the cafeteria are on ground level. There is one step up to enter each sleeping room. The walk between the cafeteria and the meeting space can be challenging for those with mobility issues. The sleeping rooms are centered between the cafeteria and meeting room making for a nice place to rest when walking the full distance.

- **When do we check in and check out?**

Check in begins at 4 pm, Friday. Check out is at 11 am, Sunday. (Note: Retreat ends at noon). Toddhall policy requests that participants place bed sheets, pillow case, and used bathroom linens in the facility laundry receptacle between the sleeping rooms and the cafeteria. Your fellow members/retreat committee are happy to assist you if carrying these are of any issue. Just ask for help and it will be given.

- **What time are the meals?**

Toddhall serves breakfast at 8 am, lunch at 12 pm, and dinner at 5:30 pm

- **Can you tell us about the menu?**

Meals are freshly prepared by the professional staff and served buffet style. NOTE: There is another group scheduled for the same weekend and we will be sharing the cafeteria space with them. There may be menu items that are off-limits for certain OA members. The protein choice and vegetables will be served without sauces. A salad bar with a variety of salad dressings is offered at both lunch and dinner. Fresh fruit is available with every meal. Each person must use their own discretion regarding their choices and personal meal plan.

- **Is there a place to refrigerate food I bring from home?**

Yes, there is a mini refrigerator along with a microwave in the lobby of the meeting room. The staff will assist storing refrigerated meals from home in a designated space in the kitchen. The dining hall has a microwave for use at meal times.

- **Is there an oasis, a place to get water, coffee or tea?**

Yes, in the lobby of the meeting room. Coffee (decaf and regular) and water are supplied. Hot water is available for hot drinks; however, the tea selection may be limited.

- **What do I need to bring?**

Journal, tablet for notes, writing utensils, OA reading materials, Big Book of AA, toiletries, personal creature comforts (such as a jacket for the meeting room, water bottle, charging cables, etc.)

- **Is there free Wi-Fi?**

Yes.

- **Are there scholarships or financial aid available?**

Yes, please contact Julie J. at [grateful100x@gmail.com](mailto:grateful100x@gmail.com). For more information see We Care Donation question.

- **What is We Care Donation?**

We Care is an anonymous member supported financial assistance program exclusively used to provide funding for OA members attending local OA activities who may not otherwise go to events due to their circumstances. The use of We Care funds is always confidential between the member and the treasurer serving the St. Louis Bi-State Intergroup. There are no specific member requirements to request the use of funds for local events.