St. Louis Bi-State Area Intergroup Meeting
Sunday January 11, 2026, 1:30-3:00 pm

Opening: Serenity Prayer, read 12 Steps, read Tradition 12 & 1, read Concept 12 & 1

Welcome: Kelle G was welcomed as the new IG Rep for the Sunday afternoon Recovery from Relapse group and Marilyn attended as a substitute for Jody L with the Sunday afternoon Abstinence First group. We had one visitor, Elizabeth C.

Minutes: The November 9, 2025 minutes were approved as submitted (Jane/JMO).

Reports: Reports were distributed prior to the meeting. There were no questions or comments.

Seventh Tradition Collection – Julie J., Treasurer: reminded the group the various ways to make a 7th Tradition contribution.

New Business - Annual Business Conference – Part 2:
Our Vice Chairperson, Amy G, established that there was a quorum and that there were 16 voting members present, with J-MO serving as Parliamentarian.

- There were two proposed **changes to the Bylaws**:

  The first was a motion made by Martha P. to add the following highlighted language to Article VI, Section 5: Nomination forms must be submitted at least 15 days in advance of the Intergroup meeting in which the election will be held. *Members currently serving on the Board of Trustees or as a Committee Chair must submit an updated nomination form for any successive term(s).*

  The second was a motion made by Julie J. to add the following highlighted language to Article XIII, Section 2: The Chair, or in the absence of the Chair, the Vice-Chair and the Secretary, *in consultation with the Treasurer*, shall sign……."

  Both motions passed unanimously (16/0/0).

- **Policy & Procedure Manual** – Updates and changes to Board of Trustees duties in the Policy & Procedure Manual were emailed to the intergroup November 7 and again in the packet for today's meeting. These proposed changes are now incorporated into the Manual and have been highlighted. There were no questions or discussion, and the Policy Manual was approved as submitted (15/0/1).

- **Election for Board of Trustees Secretary Position:** Nancy Z. was elected to serve as Secretary of the IG for a two-year term (16/0/0).

- **Election for Fall 2026 Retreat Committee Chair:** Mary C. was elected to serve as 2026 Fall Retreat Chairperson (16/0/0).

- **Presentation of 2026 Intergroup Budget:** Treasurer, Julie J. presented a balanced budget. We budgeted a slight increase to the revenue/group donations, hoping that there will be more in-person Super Saturdays in 2026. We operate fairly austerely just putting in anticipated increases in insurance, phone expenses, etc.

- **Region 5 Update –** Amy G. reported that the next Region 5 Assembly is in Chesterton, IN, she thinks the first part of May, but has not received confirmation on that, as yet.

- **Intergroup Reps:** JMO our newsletter editor reminded everyone that the deadline to submit for the February newsletter is January 25 at 4:00 p.m.

Old Business:

- **Holiday Booster event report –** Bonnie G., Chair of the 12th Step Within Committee reported that there were 18 in-person attendees at the event and 13 virtual attendees.
- **Region 5 2027 Convention discussion** – Eileen asked the IG Reps for feedback from them and their groups on interest in hosting this convention. Several reps reported that although there seems to be interest among their groups in attending the convention there is a much smaller number of people who would actually be willing and/or able to help with the planning and implementation of the event and there is concern that we wouldn't have the help we need to carry it off. Eileen reminded the group that the planning committee is made up of not only members of the St. Louis IG, but other IG's in Region 5, including Chicago, Indianapolis, Detroit, Minneapolis, etc. so she felt that there would be plenty of people to help with the endeavor. Elizabeth C agreed that she thought there would be people who would step up and volunteer. Della T commented that this would be a great opportunity to carry the message to a wider audience than our St. Louis Bi-State Region. Eileen asked the reps to go back one more time and speak to their groups and in the meantime, she is going to have the information sheet that she received from Region 5, "Hosting a Region 5 Convention" sent to everyone for review. A decision will be made at the February IG meeting.

Eileen asked that the following be announced in everyone's home meeting:

- If your group has a new IG rep, please provide them this link to information on role and responsibilities: https://stlouisoa.org/wp-content/uploads/2025/01/IG-Representative-Role-Responsibilities.pdf
- Please share this link to our IG 'OA Today' JANUARY newsletter: https://stlouisoa.org/wp-content/uploads/2025/12/01-2026-FINAL.pdf
  AND consider writing for our newsletter. Inquiries and submissions to: Newsletter@stlouisoa.org
- Our Intergroup needs 2 World Service Business Conference Delegates: https://stlouisoa.org/wp-content/uploads/2023/11/Nomination-Form-for-WSBC-Delegate-2023.pdf
- And two Region 5 Representatives: https://stlouisoa.org/wp-content/uploads/2024/09/Nomination-form-for-Region-5-Rep.pdf
- Would your home group sponsor, or co-sponsor, a Super Saturday/Sunday or other recovery event in 2026? A special event in these months may (or may not) use the theme, but any time/month is great!
  - February 28 – Unity Day – this is a virtual event.
  - August – Sponsorship Day – 3rd weekend in August
  - November - IDEA Day - 3rd weekend in November, International Day of Experiencing Abstinence
  - December – Twelfth Step Within Day, Dec 12. (12/12)

Adjournment and Closing – the group closed with the OA Responsibility Pledge and the OA Promise.

Respectfully submitted,

Martha P., Outgoing Secretary
Nancy Z., Incoming Secretary

*****Next Intergroup Meeting – Sunday February 8, 2026 at 1:30 pm*****