

St. Louis Bi-State Area Intergroup Representative Role & Responsibilities

Each OA group in the St. Louis Bi-State Area Intergroup designates a representative who meets monthly with representatives from other member groups and the elected Intergroup Board. The dual role of the group representative is to represent their group in Intergroup decisions and to keep their group informed about what the Intergroup is doing.

Please bookmark the Intergroup website address: www.stlouisoa.org

On or before your first Intergroup meeting as a rep:

Make sure the Intergroup Vice-Chair info@stlouisoa.org has your phone number and email address that you can be added to the IG rep contact list and stay informed about Intergroup business.

Suggested Group Rep Duties

The following is a list of monthly actions for the group representatives:

1. Attend the regular Intergroup meeting.
2. See the Intergroup website <https://stlouisoa.org/wp-content/uploads/2024/12/2025-Intergroup-Meetings.pdf> for a detailed schedule of current dates.
3. Take note of all the events and discussions that take place to the best of your ability. Many representatives take their notes on the agenda that is emailed in advance by the Intergroup Secretary.
4. At Intergroup, act as the representative for the group to vote on motions, decisions, elections, etc.
5. Take your enthusiasm for Overeaters Anonymous, participation, and Intergroup happenings back to your group. Share with them the information and your experience.
6. Encourage others to attend Intergroup—**anyone and everyone can visit!**