# NOMINATION FORM FOR REGION 5 REPRESENTATIVE

# **Region 5 Bylaws: ARTICLE V-ELECTION AND ELIGIBILITY OF REGION 5 REPRESENTATIVES**

- 1. Each Region 5 representative and alternate shall be elected by the intergroup they represent to serve for a two-year term. Elections shall be held at an intergroup meeting for which all member groups have been given prior notice.
- 2. Region 5 representatives and alternates shall be selected for judgment, experience, stability, willingness, and for faithful adherence to the Twelve Steps, Twelve Traditions, and Twelve Concepts of Overeaters Anonymous.
- 3. Region 5 representatives and/or voting alternates shall have at least one (1) year of current abstinence upon submitting their qualifications. Permission for any exception may be requested by an intergroup from the Region 5 executive board at least fifteen (15) days prior to the Region 5 Assembly.
- 4. Each Region 5 representative/alternate shall be the sole judge of his/her abstinence and maintenance.

# St. Louis Bi-State Area Intergroup Bylaws – Article X, Section 3: Qualifications and Eligibility

All Region Representatives elected shall be required to have:

- A. At least one (1) year in Overeaters Anonymous.
- B. One (1) year current abstinence.

**FULL NAME:** 

- C. Regularly attended group and Intergroup meetings for the preceding year.
- D. Willingness to fulfill the duties of a Region Representative.
- E. These qualifications shall be met except for reasons the sufficiency of which shall be decided by the voting body of Intergroup

**DATE:** 

| ADDRESS: | CITY:          | STATE: | ZIP: |
|----------|----------------|--------|------|
| PHONE:   | EMAIL ADDRESS: |        |      |

YRS IN OA: CURRENT ABSTINENCE:

#### YRS SERVICE ABOVE GROUP LEVEL:

- 1. BRIEF ACCOUNT OF OA STORY:
- 2. SUMMARY OF OA SERVICE RESPONSIBILITIES:

# 3. BUSINESS, PROFESSIONAL, VOLUNTEER OR OTHER EXPERIENCE AND SKILL YOU CAN BRING TO THIS JOB:

# 4. WHY DO YOU WANT TO BE A REGION 5 REPRESENTATIVE?

Please provide your complete information to be sent out with the intergroup mailing for members to review. Submit by (preferred) scan form and email to the Intergroup Chair, info@stlouisoa.org, Or print form and mail to Bi-State IG, attn. IG Secretary, P.O. Box 28882, St. Louis 63123-0082