

2024-2025 Winter Holiday Schedule

St. Louis Bi-State Intergroup of Overeaters Anonymous

Tuesday, December 24, Christmas Eve & Tuesday, December 31, New Year's Eve.

7:00 am. Early Birds. **Meeting as usual both days.**

Zoom 538 040 418, 002478.

7:30 am. OA-90. **Meeting as usual both days.**

Zoom 856 4726 7716, 521639

Recovery St. Louis, 8029 Clayton Rd, Richmond Heights, MO 63117

9:30 am. Free to Choose. **Not meeting either day!**

1:00 pm. New Me. **Phone meeting only, not face-to-face, both days.**

Phone number: 701-802-5348. Access code: 5337217#

4:00 pm. Rolla. Unknown at this time. Call contact Gail B, 573-261-1930.

7:00 pm. Carbondale, IL. **Not meeting either day!**

7:00 pm. Alton, IL. **Not meeting Christmas eve, but meeting New Year's eve.**

St. Anthony's Hospital OSF, #1 St. Anthony's Way, Alton, IL 62002 (come in through ER.)

7:00 pm. Eureka, MO. **Not meeting either day!**

7:15 pm. New Horizons. **Not meeting Christmas eve, but meeting New Year's eve.**

Zion United Methodist Church, 1603 Union Rd, St. Louis, MO, 63125

Phone: call contact for number. Mary C, 314-302-5597.



Wednesday, December 25, Christmas & Wednesday, January 1, New Year's Day.

7:00 am. Early Birds. **Meeting as usual both days.**

Zoom 538 040 418, 002478.

9:30 am. Wed. Morning. **Not meeting either day!**

4:30 pm. O'Fallon, IL. **Not meeting either day!**

6:00 pm. Work to Recover. **Not meeting Christmas Day but meeting New Year's Day.**

Phone. Must call contact first, Carol K, 314-630-2052.

7:00 pm. Recovery ABCs. **Not meeting either day!**