



THE INTERACTIVE WORLD OF SPONSORSHIP

*Join us for an Overeaters Anonymous workshop
for everyone who wants to stop eating compulsively!*

October 6, 2024

2:00 – 4:00 PM EST

(No Breakout Rooms)

Link to ZOOM: 860 512 7192 PW: 883975

Brought to you by the 2024 Region 5 Sponsorship Subcommittee



“How do I know which sponsor is right for me?”

“How do I help someone who has been in OA for years but has relapsed?”

“Why do I even need a sponsor?”

“How do I know if I am ready to sponsor someone else?”

“I need a sponsor but do not know how to find or ask for one.”

OVEREATERS ANONYMOUS

RESPONSIBILITY PLEDGE

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.”

“How do I work with a newcomer?”

****This workshop script will be available for the use of all Region 5 Intergroups and Meetings at the November 2025 R5 Assembly*
Contacts: Beverly B. 440-759-1728 or Allen B. 201-280-6609***