

2024 Fall Retreat
Are we **N.U.T.S?**
Not Using The Slogans



DATES: Oct. 11-13, 2024

LOCATION: LaSalle Retreat Center,
2101 Rue De LaSalle, Glencoe, MO
63038 *Center is ADA accessible*

Check in - Friday 4-5:30pm

Check out - Sunday noon

INCLUDED WITH REGISTRATION

- **MEALS:** 5 meals (Refrigerator space and microwave available if you prefer to bring your meals.) Specify any dietary restrictions on registration.
- **ROOMING:** Single (limited availability) or double occupancy with 1 ADA compliant bathroom (All rooms have Jack and Jill bathrooms - linens and towels are included.) See pricing below.
- **TENTATIVE ACTIVITIES:** sessions on using the slogans to promote abstinence and working the program, sharing time, evening bonfire, free time, labyrinth walk, yoga, games, journaling and more.

ADVANCED REGISTRATION REQUIRED - Two ways to register: ONLINE at stlouisoa.org or MAIL form below with check to Dianne Stang, PO Box 91, Kimmswick, MO 63053. **Make checks payable to St. Louis Bi-state Area Intergroup.** *If financial assistance is needed, please contact Marina F. at 815-343-6412. No one should stay away for financial reasons! Scholarships are available.*

First name: _____ Last name: _____

Email: _____ Telephone: _____

Early Bird Registration by Sep 3 *Price is per person:*

- single w/5 meals \$230 (limited availability)
- single only \$160 (limited availability)
- double w/5 meals \$210*
- double only \$140*
- Saturday only - includes 2 meals and program \$85

Regular Registration from Sep 4 to Sep 24 *Price is per person:*

- single w/5 meals \$245 (limited availability)
- single only \$175 (limited availability)
- double w/5 meals \$225*
- double only \$155*
- Saturday only - includes 2 meals and program \$100

***If you do not specify a roommate, one will be assigned.**

*Name of roommate: _____ (must register separately)

We care fund donation: \$ _____ (optional)

- ADA room needed
- Willing to do service
- Willing to facilitate a session

QUESTIONS? Contact Della 314.580.4881, Bill 636.795.2634, or Marina F 815.343.6412

