

Intergroup Meeting Minutes Sunday, May 5, 2024

Open: The meeting was called to order by Chairperson Eileen M. at 1:30 p.m. Zoom recording feature was enabled for the duration of the meeting. All members were informed of the recording process.

Communications: Meeting was held via ZOOM. Members were instructed on meeting ID and Password via email. Representatives were notified via email of previous meeting minutes and committee/service reports prior to the meeting.

Welcome: There were no new IG reps at the meeting.

Minutes: Minutes from the April meeting were distributed via email for review prior to the meeting. There were two corrections noted. On Page 1 of the minutes under New Business, "...Eileen is a long timer to St. Louis OA, has been involved in both St. Louis Intergroup, Region 4 and WSO." Strike WSO. Also, there was no need to state that Eileen had abstained from voting for herself, so change the last sentence to, "*Her nomination was approved unanimously.*" The minutes were approved as corrected.

Reports: There were no questions or comments about any of the reports emailed ahead of time.

Seventh Tradition Collection: Eileen reminded everyone of the 7th tradition.

Roll Call: Elizabeth took attendance for the meeting. Reps were reminded to send any updates to their contact information to info@stlouisoa.org.

Intergroup Reps: Any news or announcements from your group? How may we help your group?

- Marilyn gave a report on the New Me/New Horizons Super Saturday held on April 20. There were 38 participants, and it was a great event.
- Elizabeth CR reported that the Wednesday 4:30 pm meeting is going strong. The meeting will be moving soon, and she will let us know the details.
- Cyndy L reported that the Sunday 11 am meeting is continuing its hybrid format at least for a few more months and then they will decide if they want to go completely hybrid. The in-person attendance has not been what they hoped. If people are looking for an in-person meeting let them know about this one!
- Bill/Della - Webster Groves Saturday morning meeting moving to the Webster Groves Presbyterian Church at 45 West Lockwood Avenue. Effective June 1.

New Business:

- Region 5 Update: Amy G. Region 5 Convention that will be in Independence, OH September 6-8. Sunday Coffee Meeting 8-9 am each week. Amy encouraged the group to check out their website. Lots of events listed!
- Eileen reminded the group that there are several board positions available for the upcoming year. Elections are held in November. Positions coming open include Treasurer, World Service delegate, Region 5 reps, and Vice Chairman.
- IG is looking for a volunteer to cover the Intergroup cell phone. This is a 3-month commitment and is not difficult. The cell phone is not inundated with calls, just a handful each month. This is an easy, but very important service.

Old Business:

- Cyndy L gave an update on the PSA videos from WSO that have recently been shown on area media. We used a marketing company to help facilitate the distribution of the PSAs.
- Co-Chairs Bill and Della T. gave us a quick update on the Fall Retreat. Dates are October 11-13 at the LaSalle Retreat Center in Eureka. Looking for volunteers to help with the planning and implementation of speakers, theme, registration, etc. Martha P., Amy G., Dianne S., Marina F., Elizabeth C., volunteered to help.

Wrap Up/What Should be Announced at Home Meetings:

- Consider running for Board positions in November.
- Looking for volunteers to cover the Intergroup cell phone, 3-month commitment.
- Consider writing for our IG 'OA Today' newsletter. Inquiries and submissions to Newsletter@stlouisor.org.
- Appeal Letter from WSO, please announce at your individual meetings.
- We have eliminated some of our St. Louis OA emails as part of transitioning from Region 4 hosting our website, to St. Louis Bi-State doing it ourselves. Those eliminated: chair, secretary, vice chair, treasurer emails. Can go to info@stlouisoa.org and the email will be directed to the appropriate person.

We closed with the OA Responsibility Pledge and the OA Promise.

Next IG Meeting: Sunday, June 9 at 1:30 p.m. via Zoom.

May 2024 Intergroup Treasurer Report
and Monthly Summary

Dear OA Brothers and Sisters,

Please help keep OA alive by continuing to contribute generously in 2024

Intergroup donations can be made by personal check or money order and mailed to:

St. Louis Bi-State Intergroup of OA

P.O. Box 28882

St. Louis, MO 63123

or

The Intergroup PayPal account at stlouisoa.org website. Choose 7th Tradition at the top of the page.

See May 2024 monthly summary below.

In Service,

Marina F.

If you have any questions or comments, please feel free to contact me at 815-343-6412 or info@stlouisoa.org.

St. Louis Bi State Area Intergroup

Monthly Summary

May 2024

Previous Month

Checking:	\$ 7,830.55
We Care:	\$ 2,511.33
Total:	\$ 10,341.88

Income

Group Donations:	\$ 1,194.29
We Care:	\$ -
Total Income:	\$ 1,194.29

Expenses

T-Mobile:	\$ 54.85
Accounting:	\$ 330.00
PayPal Fees:	\$ 13.68
PO Box Rent	\$ 222.00
Professional Fees: Web Consultant	\$ 600.00
Operating Expenses: Communicaton: Internet	\$ 49.90
WSO: Lodging	\$ 482.50
WSO: Travel	\$ 107.19
WSO: Meals	\$ 184.61
Total Expenses:	\$ 2,044.73

Balance

Balance on Hand: (Operating Fund)	\$ 9,491.44
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Prudent Reserve (Savings Account)

Beginning:	\$ 4,884.87
Interest:	\$ 3.24
Ending:	\$ 4,888.11

Goup Donations 2024
Year to date
End of May

00990	New Me	438.77	January	PayPal	851.59
03448	Free to Choose	0		Checks	660.00
04699	Carbondale	100		Total:	1511.59
06234	Sunday OA Recovery	310			
07276	Creve Coeur	0	February	PayPal	374.00
07418	Reaching Out	66.15		Checks	215.00
08734	Webster Groves Step Study	1239.73		Total	589.00
11652	Newcomers Meeting	40			
14194	New Horizons	0	March	PayPal	486.00
21534	New Day	0		Checks	221.20
20413	Sunday Step Study	0		Total	707.20
24305	Recovery from Relapse	351			
56327	Work to Recover	60	April	Paypal	438.00
33891	Waterloo OA	203.2		Checks	666.57
45074	Welcome Home	0		Total	1104.57
45077	Abstinence First/Newcomers	116			
45964	Recovery Book Worms	0	May	PayPal	279.15
801183	St. Louis Early Bird Meeting	112		Checks	915.14
50027	Renewed Hope	180		Total	1194.29
46420	Serenity Seekers	0			
51315	Thursday Rolla	120			
801168	Recovery ABCs	0			
801182	St. Louis Early Bird Meeting	165			
53186	Mix It Up	55			
53204	Welcome Home!	30			
801184	St. Louis Early Bird Meeting	235			
53332	Any Lengths Big Book Study	377			
53859	Saturday Steppers	121.8			
56156	Farmington OA Group	0			
56420	H.O.P.E.	0			
56711	Eureka Thursday	0			
57161	OA Workshop	0			
800758	Literature Study Group	0			
57843	The 12 Steppers	60			
801181	St. Louis Early Bird Meeting	175			
09029	Intergroup	45			
	Individual	506			
Total:		5106.65			

St. Louis Bi-State Area Intergroup
2024
Profit and Loss
May 2024 Year to Date

Income:

Contributions: Group Donations	\$	5,106.65
Bank Account Earned Interest	\$	16.41
We Care	\$	13.00
Super Saturday	\$	26.00
Total Income:	\$	5,136.06

Expenses:

Operating Expenses: Communication: Cell Phone	\$	274.14
Operating Expenses: Communication: Internet	\$	84.83
Operating Expenses: Bank Service Charge: PayPal	\$	71.93
PO Box Rent	\$	222.00
Professional Fees: Accounting Fees	\$	1,650.00
Professional Fees: Web Consultant	\$	767.00
Public Information Public Service Announcements	\$	400.00
WSO: Meals	\$	184.61
WSO: Travel	\$	460.14
WSO: Registration	\$	498.00
Public Information: Google Ads	\$	6,562.78
Total Expenses:	\$	11,175.43

Net Profit (Loss): \$ (6,039.37)

VICE-CHAIR REPORT, JUNE 2024

A. Upcoming Events.

Super Saturday, July 27, 9 am (registration) to 12 pm. Hybrid. The in-person part is at 45 W Lockwood in Webster Groves. Follow this link to the flyer.

<https://stlouisoa.org/wp-content/uploads/2024/05/SS-flyer-July-2024-1.pdf>

Fall Retreat, October 11-13, in person in Eureka, MO. Save the date! Details will be available closer to the event.

See the Upcoming Event List on our website for other events, such as the Region 5 Convention and the Iowa State Convention. Here's the link: https://stlouisoa.org/?page_id=515

B. Meeting Changes.

1. The Saturday 10 am Webster Groves Step Study meeting (08734) changed churches starting June 1.

Webster Groves Presbyterian Church, 45 W Lockwood Ave.

Entrance on east side of church by parking lot.

(Note: this is a hybrid meeting. The Zoom information is still 829 7038 2769, pw 630273)

2. The Jefferson City "Welcome Home" Sunday afternoon meeting (45074) has changed its time from 4pm to 5:30 pm.

3. The "OA Workshop" Wednesday 4:30 pm meeting in O'Fallon, IL (57161) has a new location. The new address is **207 East Pittman Avenue, O'Fallon, MO, 63366.**

C. Incoming contacts. (in May 2024)

Intergroup (IG) cell phone (314-638-6070): In May there was one (1) real (not spam) phone call from a newcomer.

Intergroup (IG) Email (info@stlouisoa.org) In May there were 17 real email conversations.

- Potential newcomer support (0)
- Member support (3). Two changes to group information and one address request.
- Intergroup business (6) Conversations with our accounts for computer software, the US Post Office, our website support, and Zoom.
- Routine emails (8). News and events from WSO, our IG and various regions.

Submitted by Elizabeth C

Report from Intergroup Newsletter Team For June 2024

The June 2024 newsletter is posted at our Intergroup website at [THIS LINK](#).

Here is a summary of the June newsletter - with our thanks to all who contributed:

- A Step Six article
- A Tradition Six article
- Part 3 of a newcomers article titled “The Power of NOT”
- A World Service call for stories about Recovery and Mental Health Issues
- The Intergroup Chair’s column
- A page of favorite OA acronyms (and an invitation to share yours)
- A Tool of the Month feature, focusing on literature
- An invitation to take a World Service survey
- An announcement of three meeting changes
- Highlights of the 2024 World Service Business Conference
- A personal story about using literature as part of grief work
- A calendar of events
- A remembrance of a recently departed pet from the perspective of lessons learned for recovery
- Words of wisdom reprinted from an earlier newsletter, focusing on Step Six
- A flyer about the July 27 hybrid recovery event – **“Telling Our Story”**
- A letter from four service bodies expressing concern regarding hostility directed at The Rainbow Specific Focus Service Group (LGBTQ+)
- And a partridge in a pear tree (I just threw that in there to see if you’re still reading)

Please help your fellows know the newsletter exists by sharing information about how to access it during announcement time at your home meetings. It can be helpful to post a link in the Chat Box if your meetings are by Zoom or to take some printed copies to your meetings if you are meeting face-to-face. (That makes a simple, but potentially impactful service role for a member of your home meeting and feeling useful is one of the most wonderful things that can happen in OA.) The newsletter, along with a **Where and When**, can also make an excellent leave behind resource when you have a Step 12 conversation.

If you wish to send a letter or an article about any topic – or send art - please let the newsletter committee know by email, text, or phone call. The email address is newsletter@stlouisoa.org. The **deadline is the 20th of each month**, but there’s a little wiggle room if you let me know what’s coming and when. Generally, articles should not exceed 400 words, but not every item needs to be that long. Shorter

items of a paragraph or two are very welcome. Graphics can be JPG, GIF, or PNG format.

Our goal is for the newsletter to attract still-suffering compulsive eaters to our fellowship, to help those in relapse within our membership to regain abstinence, and to support the recovery of all readers. We want to lift spirits by sharing experience, strength, and hope, and we may even bring a smile or laugh at times because “we are not a glum lot.” We highlight OA events at all levels, offer a witness that long-term recovery is possible, and encourage our fellows to consider filling service positions. Rotation of service is part of how we live out the Seventh Tradition and keep the fellowship alive for all who need it.

J-MO, Newsletter Editor
314-775-3261
And Team Members:
Anne H.

Elizabeth C.
LaNae S.
Melanie T.
Sue S.

Website Report for June, 2024 Intergroup Meeting
Submitted by Colleen C. 314-566-9583

Data from April 30, 2024 – May 29, 2024

Sessions: 413 (down 14% vs. previous 30 days)

Pageviews: 7517* **Note:** this is an anomaly due to a spike on May 9, when over 6700 page views were recorded. Don't know why (it can happen if there is a technical glitch), but true page views were closer to *800 – 900.

New vs. Returning Visitors: (96% vs. 4%)

Device Breakdown: Desktop/Tablet/Mobile, 47%, 3%, 50%

(not set)6,780 (again, due to the anomaly that happened on May 9

- 2.[Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)329
- 3.[Meeting Information – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)199
- 4.[New to Overeaters Anonymous, OA for Short? – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)51
- 5.[Events – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)36
- 6.[“OA Today” Newsletter – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)32
- 7.[Member and Intergroup Information – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)16
- 8.[7th Tradition – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)16
- 9.[Cart – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)14
- 10.[Checkout – Overeaters Anonymous – St. Louis Bi-State Area Intergroup](#)13



Martha Place <martha.place@gmail.com>

Intergroup report

2 messages

Della Thompson <dthompson1134@gmail.com>

Sat, Jun 1, 2024 at 5:17 PM

To: "Martha Place (OA)" <martha.place@gmail.com>

The retreat committee had their first meeting on June 30th. The theme for the retreat will be KISS - "Keep It Simple Sweetie" with a focus on how the slogans aid recovery. The retreat will be held Oct. 11-13 at the LaSalle Retreat Center in Eureka, MO. A save the date flyer will be coming out soon. For more information, contact Bill or Della Thompson.

Thanks,
Della

Martha Place <martha.place@gmail.com>

Mon, Jun 3, 2024 at 1:12 PM

To: Martha Place <oamarty@gmail.com>

[Quoted text hidden]



Region 5 Convention 2024

Welcome Home:

Many Symptoms, One Solution!

Holiday Inn – Independence Ohio

September 6-8, 2024

Come Visit the Marketplace!

Raffle Baskets

- Intergroups and individual OA meetings are invited to donate a raffle basket to raise funds for Region 5!
- Tickets for Baskets will be sold during the convention and winners will be announced Saturday evening.
- Please include a list of contents with the baskets.

Tables for Rent by Intergroups

- Intergroups wishing to sell merchandise can rent tables for seven tradition donation. Space is limited. Please Contact the convention committee to reserve your space by September 5, 2020.

Please direct any questions to the Cleveland Central Intergroup.

Please Call 800-511-9610 OR email us at ccioa@onebox.com.

Service Opportunities

- Registration
- Sell Raffle Tickets
- Session Timer
- Hugger/Greeter
- Marketplace
- Hospitality
- Wherever I am needed
- OA Meeting Leader/Speaker
(1 year of current, continuous abstinence required)

If you volunteer to speak or provide service, opportunities are available from 3pm Friday until noon Sunday.

1. Please indicate your arrival/departure times so that we may schedule you accordingly.

- Friday _____
- Saturday _____
- Sunday _____

2. Please provide your cell # in case we need to contact you:

Scholarship – Accepted by paper registrations only!

You may request a scholarship for the full cost of registration only. *Scholarships do not cover meals, rooms or other expenses. Meal costs are noted under registration prices. Meals must be purchased by August 9.*

Would like to apply for a scholarship?
Yes _____ "First come basis"- apply early.

Preference may be awarded to those who have not previously attended a Region 5 Convention. You may complete a scholarship application if you have not previously received a scholarship within the last 5 years. You must be a Region 5 resident. Recipients will be notified by the registrar. Scholarship recipients are asked to perform service at the convention in a capacity that matches their abilities. Please indicate the type of service you are willing to provide in the **Service Opportunities** section (above).

Scholarship Postmark Deadline:

June 7, 2024



Region 5 OA Convention 2024

Hosted by Cleveland Central Intergroup

Welcome Home:
**(Many Symptoms,
One Solution)**
September 6 - 8, 2024

Register for convention on-line at
region5oa.org

REGISTRATION OPENS APRIL 1, 2024

Make hotel reservations directly with:
**Holiday Inn - Cleveland South
Independence**
6001 Rockside Road
Independence, OH 44131
(216) 524-8050

Online [Hotel Reseservation](#)
To receive group rate, mention:
"Region 5 Convention Room Block"
Special Room Rates (until 8/9/2024)
\$119 + tax

Choice of: 1 King Bed or 2 Double Beds

Hotel Amenities:
Free Parking
Wi-Fi access,
Fitness Center and Indoor Pool,

Check In: 3:00 pm

Come follow the 12 step road with us

Preliminary Agenda

Friday, September 6, 2024

4:00 pm Registration Desk Opens
4:00 pm OA meetings begin
7:00 pm Grand Opening & Keynote Speaker

Saturday, September 7, 2024

OA MEETINGS WITH VARIOUS TOPICS
THROUGHOUT THE ENTIRE DAY

7:00am – 8:30am Breakfast(pre-register only)
7:00 am Registration Opens
7:00 am Open Meditation Room
8:00 am OA Meeting
8:45 am Grand Opening & Keynote Speaker
12 noon Lunch Buffet (*pre-register only*)
6:00 pm Dinner Buffet (*pre-register only*)
7:30 pm Keynote Speaker and Raffles
9:00 PM DJ/Dance or OA Meeting

Sunday, September 8, 2024

8:00 am OA meeting or Meditation
9:00 am Keynote Speaker
10:00 am Re-entry/Closing/Sharing

Early Bird Registration must be postmarked by June 7, 2024

Regular Pre-Registration must be postmarked by August 9, 2024

After this date, you MUST register at the Convention. Registration can be transferred to another person, **but cannot be refunded.**

Questions:

Phone: 800-511-9610
Email: ccioa@onebox.com

Two ways to Register!

REGISTRATIONS OPENS APRIL 1, 2024

1. Register Online at www.REGION5OA.org
Payment by major credit card.

OR

2. Mail this form (one form per person)

- Fill out and detach this section.
- Please print legibly.
- Make US check or money order payable to: **OA Region 5. Do not send cash.**

Mail completed form/payment to:

R5 Convention 2024
P. O. Box 347223
Parma, OH 44134-9610

Name: First _____

Last: _____

Address: _____

City: _____

State/Province: _____

Zip: _____

Daytime Phone: _____

E-mail: _____

Emergency Contact:

Name: _____

Number: _____

What name would you like on your badge?

Special Needs: _____

Confirmation will be e-mailed to you unless you indicate otherwise. If you want confirmation by US mail, please include a self-addressed, stamped envelope with your completed registration form and check.

Registration Pricing

_____ **Early Bird Registration \$169**
Includes Convention, plus breakfast, lunch and dinner buffets on Saturday.
Online or mail (postmarked by June 7, 2024)

_____ **Regular Pre-Registration \$189**
Includes Convention, plus breakfast, lunch and dinner buffets on Saturday.
Online or mail (postmarked by August 9, 2024)

Lunch Salad Bar Buffet: *Variety of greens, protein selections, fruit, whole grain rolls, butter, SF dressings*

Dinner Buffet: *Includes chicken and fish, several vegetable selections, brown rice, salad, SF dressings, whole grain rolls, butter, and fruit.*

___ **Vegetarian Dinner selection plus salad bar and fruit.**

___ Additional Breakfast tickets \$30.00
___ Additional Lunch Buffet tickets \$30.00
___ Additional Dinner Buffet tickets \$50.00

Donation to the Scholarship fund \$ _____

Total Enclosed: \$ _____

After August 9, 2024 pre-registration is closed.
You must pay at the door (no meals)

___ All Weekend \$90.00
___ Friday only \$40.00
___ Saturday only (\$60 at door) \$60.00

St. Louis Bi-State Intergroup
Overeaters Anonymous

RECOVERY TIMES:

TELLING OUR STORY

SUPER SATURDAY - Hybrid

Hosted by the Webster Groves
Saturday Morning
Step & Tradition
Study Group

July 27, 2024

Registration: 9 am CDT
Program: 9:30 to noon CDT
\$6 Suggested donation

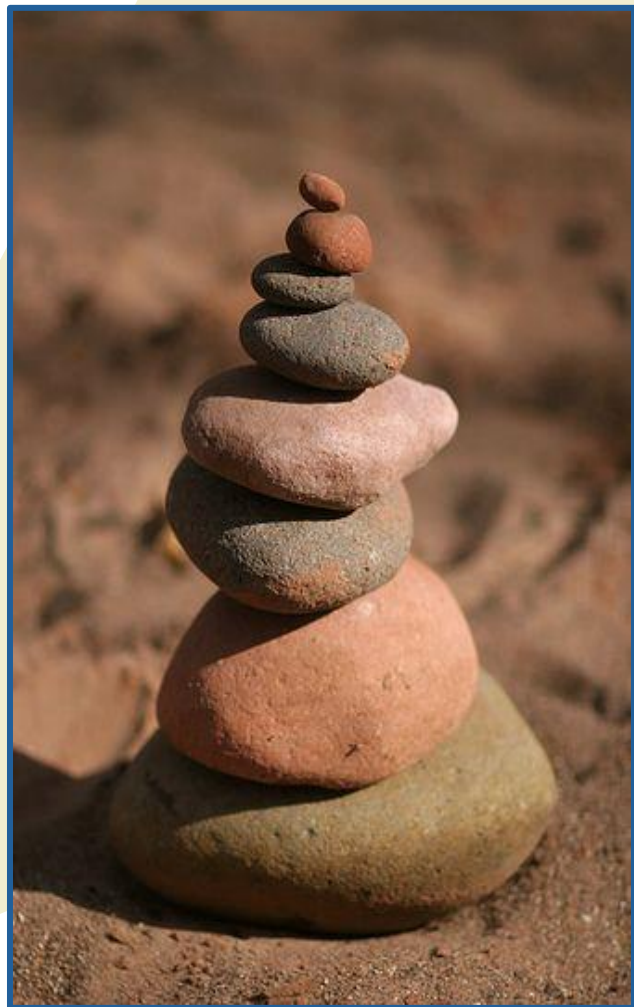
IN PERSON:

Webster Groves
Presbyterian Church
45 W. Lockwood Ave. 63119

- Accessible
- Use east entrance off side parking lot

ON ZOOM:

Meeting ID: 840 7543 7936
Passcode: 260867



Questions? Call Dianne S. 314.238.4052

All are welcome! Please never stay away from any OA event for financial reasons!

Upcoming Event List as of June 9, 2024

St. Louis Bi-State Area Intergroup Events

Intergroup meeting July 14

Super Saturday, July 27, 9 am (registration) to 12 pm. Hybrid. The in-person part is at 45 W Lockwood in Webster Groves. Follow this link to the flyer.

<https://stlouisoa.org/wp-content/uploads/2024/05/SS-flyer-July-2024-1.pdf>

---- no Intergroup meeting in August ----

But in August there is usually a bylaws review to see what needs to be updated this year. Any member can come and help review the Bylaws and the Policy and Procedure Manual.

Fall Retreat, October 11-13, in person in Eureka, MO. Save the date! Details will be available closer to the event.

Intergroup meeting September 8

Intergroup meeting October 13

Intergroup meeting November 10

---- no Intergroup meeting in December ----

Other Events

OA World Service: <https://oa.org/event-calendar>

Region 5: <https://www.region5oa.org/events/>

The Region 5 Convention is in Cleveland September 6-8. Expect an exciting weekend of recovery and connection. You can follow this link to the Region 5 website <https://oaregion5.regfox.com/region-5-oa-convention-2024> or see the flier to access the registration and hotel information. EARLY BIRD registration ends June 7th.

Virtual Region: <https://oavirtualregion.org/events/> This region always has many upcoming events.

Other:

Iowa State Convention. Save the Date: September 20-21. They write “Even though Region 4 is disbanding and some of us will be joining different Regions we still want you to feel like family to us. ... We are excited because we plan to do things differently this year. The convention will be in person only.”

**** Intergroup Meeting Information:**

The meeting time is 1:30-3:00 pm, central time.

All meetings are on Zoom.

The Zoom meeting ID is **940 5580 8391** and the password is **Serenity**

To dial in by phone, call **312-626-6799**. The meeting ID is **940 5580 8391** and the password is **75183374**.

Visitors are welcome!

Hello friends,

We received the following alert from Region 5. Please be aware and feel free to share this information at your home meeting:

Attention Meeting/Zoom Contact Service Volunteers:

It has come to our attention that "intruders/bombers" may be attempting a new approach. One of our Meeting Contact volunteers has received 2 text contacts on her personal phone that are suspicious.

The 2 suspicious persons texted the same strange questions, for example: "I would like to know more about overeaters." When referred to oa.org, they were asked "Are you available to talk now." In the first case, the person wanted to know if our volunteer could talk in privacy and then texted a zoom contact id and password. The first text did not initially arouse suspicion, but when questioned about talking in private, our volunteer became concerned, and when our volunteer received Zoom info from the suspicious person, they terminated this text.

Having this previous experience, in the second case our volunteer repeated a suggestion to visit the website and terminated the text.

What makes these text contacts suspicious? 1. No questions were asked about the meeting for which our volunteer is the contact person. 2. Receiving a non-specific text inquiry rather than a phone call can be out of the ordinary. 3. Questions about any personal info/availability are a red flag. 4. Unsolicited Zoom info is another red flag.

If you receive any suspicious texts terminate the text and block that number. Refer to your phone for instructions on how to block a text.

Please let any member of your Intergroup Board of Trustees know if you encounter any suspicious contacts.

In fellowship in modern times!
Martha P.



W O R L D S E R V I C E O F F I C E

May 15, 2024

RE: Overeaters Anonymous Supports The Rainbow (LGBTQ+) Specific Focus Service Board

To Overeaters Anonymous members and groups:

The Board of Trustees, Region Chairs Committee, Unity with Diversity Conference Committee, and the 2024 World Service Business Conference stand hand-in-hand with all of our specific-focus service boards. We regret to report that OA's Rainbow (LGBTQ+) Specific Focus Service Board has received some vicious, attacking emails from individual OA members. We are taken aback by the hostility directed at The Rainbow (LGBTQ+) Specific Focus Service Board.

While OA welcomes a free exchange of ideas and criticisms, we also want to say clearly: There is absolutely no place for hate speech in the loving Fellowship of Overeaters Anonymous. We are here to support each other in love, tolerance, acceptance, and recovery.

As noted in the OA *Twelve and Twelve*: "When we apply OA's Tradition Three, we find the treasure of friendship often where we least expect it, with people we once would have excluded from our lives. Such treasure is all around us, and all we have to do is open our hearts to receive it. OA is where we learn to open our hearts, because it is here that most of us first experience unconditional acceptance" (*The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition*, pp. 111-112).

For further reading and discussion, our [policy statements related to Unity with Diversity](#) can be found in the Document Library at oa.org.

This statement was unanimously endorsed by the 2024 World Service Business Conference.

Please contact your Region Chair or Trustee if you have any questions.

Thank you for your attention and support,

OA Board of Trustees
Region Chairs Committee
Unity with Diversity Conference Committee
2024 World Service Business Conference

6075 Zenith Court NE • Rio Rancho, New Mexico 87144-6424 USA

Mail address: P.O. Box 44727 • Rio Rancho, NM 87174-4727 USA

1-505-891-2664 • info@oa.org • oa.org