

St. Louis Bi-State Intergroup Minutes

2023 Annual Business Conference

November 12, 2023 1:30 p.m.

Open: The meeting was called to order by Chair, Dianne S. at 1:30 p.m. Zoom recording feature enabled for the duration of the meeting. All members were informed of the recording process.

Communications: Meeting was held via ZOOM. Members were instructed on meeting ID and Password via email. Representatives were notified via email the agenda, previous meeting minutes, committee/service reports, and business conference motions and applications for open service positions prior to this meeting. Conference motions were submitted to all IG members 30 days in advance to remain in compliance with the policy/procedure guidelines.

Readings: Serenity Prayer, The Twelve Steps, Tradition 11, Concept 11

Welcome: 22 members in total were in attendance; all via ZOOM. Four BOT members, two committee chairs, one R4 representative, one WSBC delegate, 14 IG representatives, and no visitors. 22 eligible voters and a quorum was confirmed.

Minutes: October 8, 2023 minutes were distributed via email for review prior to the meeting. Elizabeth C requested notation of her presentation regarding Gratitude Month as being paraphrased/summarized in the minutes. Otherwise, minutes were approved. This correction will be made by the secretary prior to saving them as the final version.

Reports: Chairperson and committee reports were distributed via email for review prior to the meeting. Marina F made the following comment regarding the treasurer report as distributed prior to this meeting: Fall Retreat numbers are not included on the October 2023 financial report. Those numbers were received too late to be included because of the retreat being at the end of the month. The Retreat income/expenses will be evident in the next financial report. There were no additional questions regarding reports and no additional reports were given verbally.

Seventh Tradition and Roll Call: Participants were documented and signed in by vice-chair. Representatives were encouraged to be responsible to make contributions toward the Intergroup Seventh Tradition either through the website or by mailing their contribution to the address as listed on the website.

Intergroup Reps Home Meeting Comments: Marilyn F announced the New Me meeting on Tuesday at 1 p.m. is in the beginning stages of planning a Super Saturday for April 13, 2024. This group has contacted the New Horizon, 7 p.m. meeting in South County on Tuesday evening to determine if they'd be willing to be in tandem with the New Me meeting for a face-to-face recovery event. The event is in the earliest planning stages. A meeting space has been procured and more information will follow.

2023 Annual Business Conference

The vice-chair confirmed a quorum is present and the official number in the voting body is 20.

Dianne S gave a recap to all members of our voting body being defined as intergroup reps or alternatives. Each group may have only one vote. Those members that are serving as a group representative and a committee or service member, region representative or World delegate may only have one vote.

No person shall have more than one vote. There was only one person present that cannot vote because they are attending as a candidate for the 2024 board of trustees.

Clarification was made regarding representation for the New Me group, which is not represented. Both parties attend the New Me group, but are not in representation of them. Each of the members are representing different meetings

attended by the individuals separately. Dianne, clarified the official voting number remains at 20, just in a different sequence.

J-MO has agreed to serve as parliamentarian.

Elizabeth C has set up electronic polling for each motion and service position nomination. Polling is anonymous. Any representative attending via phone will text their voting preference to Elizabeth's phone. Her phone number was given to those needing to use this avenue for voting.

Dianne requested a volunteer to be willing to be a timer for each election topic. A volunteer was accepted to time discussions.

Dianne reviewed the sequence of proceeding through the business meeting. Motions were distributed as Motion 1, 2, and 3. She also brought attention to the draft of our policy manual, then finally, the election of service volunteers.

Dianne requested consideration from the body to change the order of motions to be presented due to unforeseen circumstances. No objections were voiced. The presentation of Motion 3 was first to be discussed.

Dianne reviewed the process of motions for consideration as follows:

The maker will present the motion and make the first pro. The chair will alternate responses from the body with con one, pro two, con two, pro three, con three. Each speaker will have three minutes. The timer will keep track of each member's time. Following the pros and cons, the body will allow for up to 15 minutes for questions on the motion. The body will then vote via confidential poll. The results will be announced at the end of the before moving on to the next motion.

Elizabeth announced a new intergroup rep came joined the meeting, increasing the number of voters is 21.

- **Presentation of Motion 3 by Cyndy L.**

Motion 3 is to move to amend the term of office for trustee be changed at the world service level. The wording on the left is the current wording and the wording on the right is the new proposed wording. Currently, the board of trustee's full term is eight consecutive years. The trustee can take a break and then come back and serve again. This motion proposes a trustee shall serve no more than nine years, which would be three terms of office. This motion does not concern if they serve consecutive or if they take a break and then come back after a year off. What this motion is proposing is that they are allowed to serve up to nine years lifetime. The rationale for this motion is the rotation of service as a guiding principle. And I would like to support the idea that there is a limit to the amount of service a single person will serve as a trustee. There are many places to give service, but when you're a trustee, you, you gain more value the longer you serve. But at some point, then, new people need to step in and, and give new ideas. This motion has been proposed twice recently. The terms were a little different than the terms state here, but both times the motion didn't make it to the floor, meaning it didn't ever get considered by the body. The point, the last time it the motion wasn't considered was because there were too many other motions and didn't get the chance to consider it. So, I just wanted it to get back in front of the members at the World Service Business Conference in order to get actual discussion on whether or not the overall body agrees or disagrees with this term limit. Thank you.

- Chair requested a first con to the motion. None voiced.
- Chair requested a second pro to the motion. None voiced.
- Chair requested a second con to the motion. None voiced.
- Chair requested a third pro to the motion. A representative spoke to agreement in the rotation of service.
- Chair requested a third con to the motion. None voiced.
- Are there any questions from our voting body about Motion 3? A representative posed the question to Cyndy: "What led you to think of the block of nine years?" Cyndy L responded: It just seems like a reasonable amount of time. I served as trustee. I served for six years and then my term ended. Once my

terms were done and I couldn't run again technically because there was an eight-year limitation. And so, I just, I don't know, nine was just a number that seemed like a nice rounded out. Three terms would be more than enough. It takes you like the first year to year and a half to get comfortable. So that that would be enough time serving in that level of position.

- Any other questions? A voting member asked: How many trustees are there in total? Answered by Cyndy There are 17 trustee positions for WSO. Currently, I believe they have 15 actual Trustees serving.
- Any other questions? With no further questions, Dianne requested the electronic poll be launched.

Elizabeth confirmed there was an additional representative present making the total number of voters 22 voters.

Dianne reviewed the motion as follows: This is the motion for submission to the 2024 World Conference to limit trustee term to a lifetime of nine years total. Our intergroup has to approve the motion before it can be submitted to World Service Organization for consideration. If you would like us to do this, you can pick Yes. If you do not want us to do it, you can pick no or you have the option to abstain. Just click one of those on your screen and push, submit and your anonymous vote will be recorded.

Two independent representatives were sharing the same computer. One of the representatives were directed to text their voting preference to Elizabeth on all matters going forward to get both votes counted.

- Elizabeth reported the anonymous voting as Motion 3 passed with 19 Yes, 1 abstention, and 1 representative did not vote.
- **Dianne confirmed Motion 3 passes and Intergroup will prepare all documentation and submit to World Service for 2024 Business Conference**

- **Presentation of Motion 1 per Elizabeth C:**

This is a motion about how we vote at intergroup meetings. The motion is to move to amend Article VI, Intergroup: Section 5: Nomination and Voting Procedures. Section A. Election of Intergroup Positions and B. Motions. Current bylaws state a written ballot is used and it also talks about a voice or a hand vote. Those practices have been replaced with an anonymous ballot using virtual polling. The motion is submitted by the board of trustees. The intent is to bring voting procedures in the bylaws in line with current practice. The implementation of the revised the bylaws and the cost is nothing. The rationale is virtual meeting methods have become standard with our intergroup. The bylaws are the record of how intergroup has decided to perform procedures. We keep them current; intergroup meetings are not in person anymore. We don't use written ballots; we don't use voice or hand votes. We use Zoom these days instead. The polls of Zoom are anonymous. The purpose of the written ballot was to keep them secret. The ballot counters knew how people voted but no one else did. That purpose is fulfilled even better by anonymous polls in Zoom. Not even the host, who sees the poll results knows who voted which way. Also, the bylaw wording should be generic and flexible to cover any present or future methods of anonymous voting. Who knows what will come up in the future. The proposed wording just says anonymous.

- Chair requested a first con to the motion. None voiced.
- Chair requested a second pro to the motion. An Intergroup representative voiced the opinion that it's a great idea because the shuffling of written ballots was cumbersome and this method will make voting easier for all.
- Chair requested a second con to the motion. None voiced.
- Chair requested a third pro to the motion. An Intergroup representative voiced the opinion of being reasonable to update our bylaws to reflect current practice. There was special appreciation for the motion being creative enough to use wording that should last no matter how voting is done in the future. So great job.
- Chair requested a third con to the motion. None voiced.

- Are there any questions from our voting body about Motion 1? Hearing no questions, the voting poll was launched.
- Per Elizabeth, Motion 1 passed unanimously.
- **Dianne confirmed Motion 1 passed and bylaws will be updated to reflect this change in procedure.**

- **Presentation of Motion 2 by Susan T.**

This motion is about making our bylaws consistent with the dissolution of Region 4 within 2024. Our bylaws and policy manual should reflect the correct documentation in association with a new region. The board of trustees proposes to change all places in the bylaws and in the policy manual to read simply as Region. As Region 4 dissolves, the next board of trustees will not need further amendments to the governing documents by making the general reference to region. Once a new region is named, the forthcoming board of trustees can determine if more specific verbiage is wanted within the documents. The rationale is because of the dissolution of Region 4 in 2024. There is no cost to the intergroup, other than time to update the manuals.

- Chair requested a first con to the motion. None voiced.
- Chair requested a second pro to the motion. None voiced.
- Chair requested a second con to the motion. None voiced.
- Chair requested a third pro to the motion. None voiced.
- Chair requested a third con to the motion. None voiced.
- Are there any questions from our voting body about Motion 2? Hearing no questions, the voting poll was launched.
- Per Elizabeth, Motion 1 passed unanimously.
- **Dianne confirmed Motion 2 passed and bylaws and procedure manual will be updated to reflect this change.**

- **Presentation of the updated draft of the Policy/Procedure Manual by Dianne S.**

A draft copy was presented to each intergroup representative prior to the meeting. The proposed changes were highlighted in red.

- Dianne requested any questions or comments regarding the proposed changes. No questions were voiced.
- **Dianne confirmed the changes will be documented in the final version.**

One representative asked if the Intergroup no longer maintains a list of available sponsors and speakers to contact? Dianne confirmed the intergroup was unable to keep a list up to date. Publishing outdated information felt to be a disservice to the members. If at any point, the succeeding board chooses to reimplement a sponsor/speaker list, it can be done any time in the future. But since the current board has not been successful in getting volunteers to update and maintain the list, it will be currently removed from the policy manual.

- **Voting on applications for service positions:**

- **Board of Trustee, Chair:** No nomination applications have been received. Dianne requested all in attendance to go back to their groups with this information. Please consider service if eligible. Vice-chair, Elizabeth C commented that with no chair in place, the vice-chair does not automatically fill the vacancy. The chair position will remain unfilled until a candidate comes forward. This vacancy greatly impacts the decision making of the Board of this body.
- **Board of Trustee, Secretary: Martha P**
Martha gave a brief recap of her story in OA since 2010. Martha has been abstinent since December 2021. She has been in service to OA at various levels throughout her membership. She reports extensive years of experience working with boards, even serving on the IG board in past. She has good understanding of the functioning of OA intergroup. Martha was open to any questions or concerns the fellowship may have.

A member asked Martha about her skills of note taking and how she will go about getting all the details. Martha answered she intends to investigate new technology that may help in transferring audio recording

into written word. It was confirmed that all IG meetings are recorded for ease of transcription. No further questions were voiced.

Confidential Poll was launched. Martha was elected to Secretary.

○ **World Service Delegate, Marysia H**

Marysia gave a brief recap of her history in OA. She has been giving service at various levels since 1985. She has previously served as a delegate as well as served as a region representative and on various service boards within the local, regional, and world fellowship of OA. There is a calling from God to give more service and she feels ready to serve at a more involved level. Marysia was open to any questions the fellowship may have. No questions were presented.

Confidential Poll was launched. Marysia was elected to World Service Delegate.

○ **Region Representative, Amy G**

Amy had stepped up to fill a vacancy until this next voting opportunity came about. At this time Amy will seek an official 2-year term. Amy gave a brief recap of her history in OA and her service with Region 4 over the last two months. She spoke of appreciation over learning the inner workings of Region 4 and feels strongly to continue her work as representing St. Louis Bi-State Area throughout the dissolution of Region 4 and implementation of being associated with a new region. She is working within Region 4 to plan the final convention in June of 2024. The prospect of improving health and recovery through service keeps her on track with serving to the best of her ability. She expressed a sincere desire to continue this service. Amy was open to any questions the fellowship may have. No questions were presented.

Confidential Poll was launched. Amy G was elected to Region Representative.

A general question was received regarding supporting delegates and representatives traveling to meetings, etc. Dianne S addressed the question explaining the annual budget supports all travel, accommodations, and meals for persons serving the intergroup.

○ **Committee Co-Chair for 2024 Fall Retreat, Della T.**

Della gave a brief recap of her history and service in OA. She noted being in OA since 1990 and experienced with many aspects of the disease of compulsive overeating. Service to the fellowship has been key to continuing recovery. She spoke of serving on several various committees throughout the years, serving on convention committees, intergroup representative and many group service positions. Most recently serving on the 2023 retreat committee, confirming the desire to serve the fellowship in this capacity for 2024. Della was open to any questions from the fellowship. A member asked how many members will be on the retreat committee? Della responded she is open to having many persons willing to serve on the committee. The recent committee had no limitations, but it did happen that some persons starting out weren't able to continue through to the end, so she's open to have as many who are willing. No further questions were received.

Confidential Poll was launched. Della T was elected Co-Chair 2024 Fall Retreat

○ **Committee Co-Chair for 2024 Fall Retreat, Bill T.**

Bill gave brief remarks about his OA history beginning in 1991 with most success since 2017. He is seeking to get back to service work and feels the opportunity to work alongside of Della is prime time. Recent retirement has left unstructured time and would love the opportunity to serve others rather than thinking too much on self. He spoke of service given to church and other 12-step programs. Bill was open to any questions from the fellowship. None were voiced.

Confidential Poll was launched. Bill T was elected Co-Chair 2024 Fall Retreat

○ **Website Chair, Colleen C.**

Colleen gave brief remarks about her OA history and service. She noted serving as website chair for the past two years has been important to keep the website up to date with accurate information for newcomers and existing members. Colleen was open to any questions from the fellowship. None were voiced.

Confidential Poll was launched. Colleen C was elected Website Chair

2023 Business Conference agenda is closed.

New Business:

- **2024 Annual Budget Meeting**

All members are invited to submit budget requests to our treasurer as soon as possible. The board of trustees and bookkeeper will meet December 5, 2023 at 4:00 pm. Meeting will take place via Zoom, using the Intergroup login and password. Everyone is welcome to attend.

Old Business:

- **2023 Fall Retreat Recap**

Outgoing retreat chair, Jeremy C. gave summary of the weekend recently held at ToddHall Retreat Center. 30 overnight members attended with and additional 5-6 members attending partial time on Saturday. Between registration and 7th Tradition collection, a total of \$5671 was received to offset the retreat center rental of \$4922, with a profit of \$749 accrued. There were ample dollars in the We Care Fund to assist members requesting registration assistance. The participant survey collected at the event closing revealed a very positive experience. Highlights of the retreat were the ability to be in person with our fellows, the Saturday morning session of using creativity to enhance spirituality, and the evening release ceremony of resentments and/or character defects. Many individuals expressed willingness to participate in the next retreat committee and this information will be passed on to the 2024 committee.

- **Dissolution of Region 4:**

Form Ad Hoc Committee for dissolution of Region 4

Region 4 is requesting all intergroups be transitioned to their new affiliations by August 2024.

- **Logistics:** Eileen M will be lead on this. Terminating the relationship with Region 4 involves the following: performing a meeting audit, working with World Service and Region 4 to complete all the documentation, attend Community Conversations by Region 4 to keep updated with all the information going along with the dissolution, and transfer web host services from Region 4 to our private web consultant, Alex. (This service is supported through region 4 though the summer, but will need Intergroup to support from then on.)
- **Region 4 Convention Committee:** Amy G will be lead on this. Our intergroup will be responsible for the program and filling speaker slots for the event. Amy G is attending Region 4 convention meetings to determine specific tasks our IG will be responsible for. In person event held in Minneapolis, MN the second for forth weekend in June 2024.
- **New region selection committee:** Dianne S will be lead on this. Review alternate region fact sheets, attend virtual assemblies, meetings, recovery events, etc. Gathering information on various regions in order to present information to all our groups and obtain group conscience of who groups wish our IG to associate with in the future.

Review: What Needs Announced at Home Meetings:

- Super Saturday, December 2, 2023 1-4 pm
- Budget Meeting, December 5, 2023 at 4 pm
- Ad Hoc committees forming for Region 4 dissolution
- Stories regarding experiences at retreat to be shared with Newsletter editor

The meeting adjourned with the OA Responsibility Pledge followed by the OA Promise.

Next Intergroup Meeting

Sunday, January 14, 2024 at 1:30 pm

Platform via ZOOM. Communications to follow.

**St. Louis Bi-State Area
Board of Trustees
2024 Budget Meeting Minutes
December 5, 2023 4:00 p.m.**

Attendance:

Dianne S., Chair
Elizabeth C, Vice-Chair
Marina F, Treasurer
Susan T, Secretary
Sue, OA Bookkeeper
Martha P, Secretary 2024

Intergroup representatives were notified of the budget planning meeting via November 12, 2023 intergroup meeting as well as email distribution on December 4, 2023. Representatives were asked to announce the meeting date with their group members and encouraged anyone interested to attend.

Sue and Marina provided board members with the profit and loss budget overview, January through December 2023.

One budget request was received by the board for 2024 consideration by Elizabeth C. requesting monies allotted to Google Ads campaign in early 2024 of \$6000.

Line items were discussed regarding income: contributions and events for total income. There was no contribution from a 2024 convention due to lack of leadership from the fellowship to form a committee.

Line items were discussed regarding expense: operating expenses, Twelfth Step Expenses, Region, and WSO for total expenses.

Motion 1 brought forward for consideration was to move from QuickBooks Online to an Excel spreadsheet outlining expenses and income. Justification for this was the simplification of the budget through the years as well as the difficulty using the on-line version of QuickBooks since its required use in mid-2023. Board members discussed the necessity of what needs to be reported monthly to groups. Agreed to Profit/Loss Statement, Group Donations, and a Monthly Summary of expenses. These simplified reports have been widely accepted by intergroup representatives since they have been distributed. Board members present voted and unanimously agreed to move to Excel for bookkeeping beginning January 1, 2024.

Motion 2 brought forward for consideration was to bring the positive checking account balance forward to be able to spend down this value through Twelfth Step work (primarily for use with the Google Ad request). Board members discussed the absolute necessity to keep the balance of prudence reserve out of this number. The We Care Funds will remain separated from use by the Board for any purpose other than providing scholarship money for members in need for recovery events. Operating expenses for December were considered and remain in the 2023 checking account as available funds through the end of the year. After this discussion, board members voted unanimously to bring the positive checking account balance forward of \$8000 to be shown as income forward in 2024 budget.

Adjustments in the annual operating expenses were considered when planning the 2024 budget. Also of consideration was additional money required once Region 4 no longer supports being web host of our local

website. A projected fee will be obtained from our current web consultant to determine if feasible to use him as a web host or if different web host will be necessary. Contributions to Region (whichever new region our intergroup aligns with) as well as WSO annual contribution will be made. Consideration of sending two World service delegates to the business conference was included for 2024 along with sending at least two Region representatives to assemblies, etc. Fees for representatives and delegates will include travel, registration, lodging, and meals while serving our intergroup.

Sue was to write a check to WSO for our IG contribution of \$500 for 2023.

Respectfully Submitted,
Susan Townsley
Secretary
St. Louis Bi-State Area Intergroup

ST LOUIS BI-STATE AREA INTERGROUP

Balance Sheet

As of December 31, 2023

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
Checking Account	12,444.35
We Care Fund	2,511.33
Total Checking Account	14,955.68
Literature Account	224.75
PayPal Account	0.00
Prudent Reserve	4,871.70
Total Bank Accounts	\$20,052.13
Other Current Assets	
1120 Inventory Asset	0.00
1499 Undeposited Funds	0.00
Total Other Current Assets	\$0.00
Total Current Assets	\$20,052.13
TOTAL ASSETS	\$20,052.13
LIABILITIES AND EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
2000 Accounts Payable	0.00
Total Accounts Payable	\$0.00
Credit Cards	
Commerce Bank Visa	167.00
Total Credit Cards	\$167.00
Other Current Liabilities	
2100 Payroll Liabilities	-5.50
Total Other Current Liabilities	\$ -5.50
Total Current Liabilities	\$161.50
Total Liabilities	\$161.50
Equity	
1110 Retained Earnings	66,449.48
3000 Opening Bal Equity	-5,567.03
Net Income	-40,991.82
Total Equity	\$19,890.63
TOTAL LIABILITIES AND EQUITY	\$20,052.13

ST LOUIS BI-STATE AREA INTERGROUP

Profit and Loss

January - December 2023

	TOTAL
Income	
4030 Contributions	
Gratitude, Nov Extra Collection	246.00
Group Donations	14,872.90
IG 7th Tradition	90.00
Total 4030 Contributions	15,208.90
4150 Miscellaneous Income	71.99
Bank Account Earned Interest	24.80
Events	
Birthday Celebration 2023	
Birthday Celeb 7th Trad	514.00
Birthday Celeb Ways & Means	461.00
Birthday Celeb. Regis	4,190.00
Birthday Celebration Food	140.00
Total Birthday Celebration 2023	5,305.00
Retreat 2023	
Retreat 2023 Registration	4,825.00
Total Retreat 2023	4,825.00
Super Saturdays	328.00
We Care Scholarship	547.00
Total Events	11,005.00
Total Income	\$26,310.69
GROSS PROFIT	\$26,310.69
Expenses	
Operating Expenses	
6120 Bank Service Charges	94.00
On Line Account Fees (Paypal)	367.78
Total 6120 Bank Service Charges	461.78
6180 Insurance	
6185 Liability Insurance	873.00
Total 6180 Insurance	873.00

ST LOUIS BI-STATE AREA INTERGROUP

Profit and Loss

January - December 2023

	TOTAL
6270 Professional Fees	
Accounting Fees	3,960.00
Merchant License Fee	5.00
Web Consultant	167.00
Total 6270 Professional Fees	4,132.00
Business Operation Expense	
6250 Postage Cost and Stamps	28.75
Office Equipment	394.99
PO Box Rent	216.00
Storage Space	
Storage Space Insurance	154.00
Storage Space Rent	1,043.00
Total Storage Space	1,197.00
Total Business Operation Expense	1,836.74
Communication	
Phone and Internet	657.88
Zoom	99.90
Total Communication	757.78
Fall Retreat 2024	500.00
IG Expenses	
Miscellaneous	58.11
Total IG Expenses	58.11
Twelfth Step Expenses	
6350 WSO	
6370 Meals	188.00
6380 Travel	400.34
Contribution	500.00
Lodging	543.41
Registration	200.00
Total 6350 WSO	1,831.75
IG Committees	
Birthday Celebration 2023	
Birthday Celeb Decor & Incinden	183.48
Birthday Celebration Food	1,925.27
Birthday Celebration Speaker	1,019.28
Total Birthday Celebration 2023	3,128.03
Public Information	
Google ADs	3,275.84
Total Public Information	3,275.84
Retreat 2023	4,787.00

ST LOUIS BI-STATE AREA INTERGROUP

Profit and Loss

January - December 2023

	TOTAL
Total IG Committees	11,190.87
Region4	
Travel	
Lodging	232.96
Meals	148.03
Travel/Parking	105.55
Total Travel	486.54
Total Region4	486.54
Total Twelfth Step Expenses	13,509.16
Total Operating Expenses	22,128.57
Q66900 QReconciliation Discrepancies	45,310.94
Total Expenses	\$67,439.51
NET OPERATING INCOME	\$ -41,128.82
Other Income	
Literature	
Literature Sales	137.00
Total Literature	137.00
Total Other Income	\$137.00
NET OTHER INCOME	\$137.00
NET INCOME	\$ -40,991.82

Note

Last month Commerce changed the name of the Savings account to "Small Business Options Pmma". For the June 5, 2023 statement, the credited \$3.33 interest.

This report shows a \$94.00 Bank Service charge in addition to the PayPal service fees. This was added to correct a change QB made in the beginning and ending balance for the checking account between and May and June. After consulting with QB help, we could not find why the change was made, so we settled on this to make the totals correct. I believe the change was a result of the corrections made on June 5 to correct the inventory and the amount on the credit card. Sue

ST LOUIS BI-STATE AREA INTERGROUP

Group Donations

January - December 2023

MEMO/DESCRIPTION	ACCOUNT	CLR	AMOUNT	BALANCE
00990 New Me (003)			\$867.60	
04699 Carbondale (019)			\$220.00	
06234 St. Mary's Hospital Sunday (025)			\$795.00	
07418 Reaching Out (031)			\$316.42	
08734 Webster Groves Step Study (035)			\$1,603.70	
09029 Intergroup			\$936.00	
11652 Newcomers Meeting (044)			\$215.00	
14194 New Horizons (074)			\$240.00	
21534 New Day (147)			\$95.00	
24305 Recovery From Relapse (168)			\$546.00	
33891 Waterloo OA (275)			\$469.80	
45077 Abstinence First (361)			\$689.00	
45964 Recovery Book Worms (369)			\$100.00	
46420 Serenity Seekers (403)			\$60.00	
47388 Early Bird Big Book Study (376)			\$1,020.66	
50027 Renewed Hope (393)			\$600.00	
51315 Thursday Rolla (414)			\$240.00	
52794 Step Study Monday Morning (421)			\$1,259.39	
53186 Mix it Up (423)			\$27.00	
53285 Fri Early Bird Mtg (425)			\$737.68	
53332 Any Lengths Big Book Study (426)			\$1,003.00	
53859 Saturday Steppers (435)			\$463.40	
56327 Work to Recover (180)			\$72.00	
56420 H.O.P.E.(443)			\$180.00	
56673 Fulton Group (447)			\$38.00	
57843 The Twelve Steppers			\$35.00	
800758 Literature Study Group (456)			\$201.00	
801181 St. Louis Early Bird Meeting (458)			\$33.00	
89538 Brothers In Recovery (422)			\$109.75	
Individual			\$1,699.50	
TOTAL			\$14,872.90	

ST LOUIS BI-STATE AREA INTERGROUP

Profit and Loss Comparison

January - December 2023

	TOTAL		CHANGE
	JAN - DEC 2023	JAN - DEC 2022 (PY)	
Income			
4030 Contributions			
Gratitude, Nov Extra Collection	246.00	72.00	174.00
Group Donations	14,872.90	12,579.65	2,293.25
IG 7th Tradition	90.00		90.00
Total 4030 Contributions	15,208.90	12,651.65	2,557.25
4150 Miscellaneous Income			
Bank Account Earned Interest	24.80	0.46	24.34
Events			
Birthday Celebration 2023			
Birthday Celeb 7th Trad	514.00		514.00
Birthday Celeb Ways & Means	461.00		461.00
Birthday Celeb. Regis	4,190.00		4,190.00
Birthday Celebration Food	140.00		140.00
Total Birthday Celebration 2023	5,305.00		5,305.00
Retreat 2023			
Retreat 2023 Registration	4,825.00		4,825.00
Total Retreat 2023	4,825.00		4,825.00
Super Saturdays	328.00	209.00	119.00
We Care Scholarship	547.00		547.00
Total Events	11,005.00	209.00	10,796.00
Total Income	\$26,310.69	\$12,861.11	\$13,449.58
GROSS PROFIT	\$26,310.69	\$12,861.11	\$13,449.58
Expenses			
Operating Expenses			
6120 Bank Service Charges			
On Line Account Fees (Paypal)	367.78	126.29	241.49
Total 6120 Bank Service Charges	461.78	126.29	335.49
6180 Insurance			
6185 Liability Insurance	873.00	873.00	0.00
Total 6180 Insurance	873.00	873.00	0.00
6270 Professional Fees			
6280 Sec'y of State Annual Registrat			
		37.50	-37.50
Accounting Fees	3,960.00	3,960.00	0.00
Merchant License Fee	5.00	5.00	0.00
Web Consultant	167.00	1,057.51	-890.51
Total 6270 Professional Fees	4,132.00	5,060.01	-928.01

ST LOUIS BI-STATE AREA INTERGROUP

Profit and Loss Comparison

January - December 2023

	TOTAL		
	JAN - DEC 2023	JAN - DEC 2022 (PY)	CHANGE
Business Operation Expense			
6250 Postage Cost and Stamps	28.75	22.13	6.62
Office Equipment	394.99	777.44	-382.45
PO Box Rent	216.00	202.00	14.00
Storage Space			
Storage Space Insurance	154.00	162.00	-8.00
Storage Space Rent	1,043.00	888.00	155.00
Total Storage Space	1,197.00	1,050.00	147.00
Total Business Operation Expense	1,836.74	2,051.57	-214.83
Communication			
Phone and Internet	657.88	711.65	-53.77
Zoom	99.90	166.13	-66.23
Total Communication	757.78	877.78	-120.00
Fall Retreat 2024	500.00		500.00
IG Expenses			
Miscellaneous	58.11	100.00	-41.89
Total IG Expenses	58.11	100.00	-41.89
Twelfth Step Expenses			
6350 WSO			
6370 Meals	188.00		188.00
6380 Travel	400.34		400.34
Contribution	500.00	500.00	0.00
Lodging	543.41		543.41
Registration	200.00	350.00	-150.00
Total 6350 WSO	1,831.75	850.00	981.75
IG Committees			
Birthday Celebration 2023		1,956.00	-1,956.00
Birthday Celeb Decor & Incinden	183.48		183.48
Birthday Celebration Food	1,925.27		1,925.27
Birthday Celebration Speaker	1,019.28		1,019.28
Total Birthday Celebration 2023	3,128.03	1,956.00	1,172.03
Public Information			
Google ADs	3,275.84	3,217.74	58.10
Total Public Information	3,275.84	3,217.74	58.10
Retreat 2023	4,787.00	350.00	4,437.00

ST LOUIS BI-STATE AREA INTERGROUP

Profit and Loss Comparison

January - December 2023

	TOTAL		
	JAN - DEC 2023	JAN - DEC 2022 (PY)	CHANGE
Total IG Committees	11,190.87	5,523.74	5,667.13
Region4			
Travel			
Lodging	232.96	91.84	141.12
Meals	148.03	117.73	30.30
Travel/Parking	105.55	283.60	-178.05
Total Travel	486.54	493.17	-6.63
Total Region4	486.54	493.17	-6.63
Total Twelfth Step Expenses	13,509.16	6,866.91	6,642.25
Total Operating Expenses	22,128.57	15,955.56	6,173.01
Q66900 QReconciliation Discrepancies	45,310.94		45,310.94
Total Expenses	\$67,439.51	\$15,955.56	\$51,483.95
NET OPERATING INCOME	\$ -41,128.82	\$ -3,094.45	\$ -38,034.37
Other Income			
Literature			
Literature Sales	137.00	259.50	-122.50
Total Literature	137.00	259.50	-122.50
Total Other Income	\$137.00	\$259.50	\$ -122.50
NET OTHER INCOME	\$137.00	\$259.50	\$ -122.50
NET INCOME	\$ -40,991.82	\$ -2,834.95	\$ -38,156.87

VICE-CHAIR REPORT, JANUARY 2024

A. Upcoming Events.

There will be an April Super Saturday. Details coming soon.

There will be a 2024 Fall Retreat. Details to follow.

B. Meeting Changes.

In the last days of 2023 changes were made to some 23 meetings, mainly as a result of discrepancies between listings in World Service (oa.org) and our local Where and When listing (stouisoa.org). The discrepancies were found during the Meeting Audit done for the Region transition. Some meetings had changes to oa.org information, some to stlouisoa.org information, and some had both. Note: we now have 34 meetings affiliated with our Intergoup.

Three meetings had significant changes:

- 1. DISBANDED:** Thursday 7pm in Eureka.
- 2. DISBANDED:** Brothers in Recovery (It was taken off the Where and When, where it had a courtesy listing. It was not part of our intergroup).
- 3. IN-PERSON PART ELIMINATED:** now online only: Wed 7pm, 51780, formerly Chesterfield.

C. Incoming contacts. (November and December 2023)

Intergoup (IG) cell phone (314-638-6070): In November there was one real (not spam) incoming phone call, from a member, requesting a copy of the Where and When. There were none in December.

Intergroup (IG) Email (info@stlouisoa.org) In November and December there were 17 real (not spam) incoming emails and four (4) outgoing ones.

- Potential newcomer support: there were no such emails.
- Member support: five (5)
 - Three emails were changes to group information.
 - One was asking how to donate to a group
 - One was about submitting a motion to WSO, and their reply
- Intergroup business: Eleven (11)
 - Eight emails were about our accounts for Gmail, Quick Books, Zoom, and Bluehost
 - Three were outgoing, reporting the meeting audit results to Region 4
- Routine emails: five (5)
 - Four emails were copies of routine IG business emails.
 - One was about recovery events from the Virtual Region

Submitted by Elizabeth C, vice-chair

Report from Intergroup Newsletter Team For December 2023 and January 2024

We've posted two issues of the Intergroup's **OA Today** newsletter to our website as well as using email distribution since our annual business conference meeting of November 2023.

The December 2023 newsletter is posted at our Intergroup website at [THIS LINK](#). Here is a summary with our thanks to all who contributed:

- A Step Twelve article
- A Tradition Twelve article
- A newcomers corner article focusing on not feeling "good enough"
- A blank column drawing attention to the vacancy in the chair role
- An article on the difference between anonymity and confidentiality
- Three stories of experience, strength, and hope about surviving December holidays
- A summary of the November Intergroup Business Conference
- A list of which meetings are happening and not happening on December 25 and January 1
- A flyer for the December 2 Holiday Booster event
- The Intergroup calendar of events

The January 2024 newsletter is posted at our Intergroup website at [THIS LINK](#). Here is a summary of content, again with our thanks:

- A Step One article
- A Tradition One article
- A welcome for Newcomers focusing on self-sabotage
- A new column on "Tool of the Month" – focusing on Plan of Eating this month
- A new column on "Question of the Month" answering "what's your favorite OA daily reader?"
- The calendar of events
- An announcement of the IG vote in March to affiliate with a new Region
- A comparison chart about the Regions that we might join

Please help your fellows know the newsletter exists by sharing information about how to access the newsletters during announcement time at your home meetings. It can be helpful to post a link in the Chat Box if your meetings are by Zoom or to take some printed copies to your meetings if you are meeting face-to-face. (That makes a simple, but potentially impactful service role for a member of your home meeting, and feeling useful is one of the most wonderful things that can happen in OA.)

If you wish to send a letter to the editor or an article or any topic – or send art - please let the newsletter committee know by email, text, or phone call. The email address is newsletter@stlouisoa.org. The **deadline is the 20th of each month**, but there's a little wiggle room if you let me know what's coming and when. Generally, articles should not exceed 400 words, but not every item needs to be that long. Shorter items of a paragraph or two are very welcome. Graphics can be JPG, GIF, or PNG format.

Our goal is for the newsletter to attract still-suffering compulsive eaters to our fellowship, to help those in relapse within our membership to regain abstinence, and to support the recovery of all readers. We want to lift spirits by sharing experience, strength, and hope, and we may even bring a smile or laugh at times because “we are not a glum lot.” We highlight OA events at all levels, offer a witness that long-term recovery is possible, and encourage our fellows to consider filling service positions. Rotation of service is part of how we live out the Seventh Tradition and keep the fellowship alive for all who need it.

We thank Pat O for many months of work on the newsletter. She is taking a little break just now but may be back. If there are others who wish to join the team, please reach out to the editor at the phone number below or at newsletter@stlouisoa.org.

J-MO, Newsletter Editor
314-775-3261
And Team Members:
LaNae S.
Anne H.
Melanie T.
Elizabeth C.

Google Ads Report:

Week 1: Tue 1/2/24 – Mon 1/8/24

- Number of times our IG name was shown during a Google search: 3,940
- Website page visits as a result (just counting home and meeting pages): 1,410
- Cost for the week: \$750

Note – a newcomer mentioned seeing one of these!

Submitted by Elizabeth C, 1/14/24