

St. Louis Bi-State Area Intergroup Meeting

Sunday May 15, 2022 1:30-3:00 pm *sign in 10 minutes early for instructions on Zoom

Note New Permanent Zoom Meeting ID ZOOM MEETING ID: 940 5580 8391 PASSWORD: Serenity

Note New Telephone password By Telephone: 312-626-6799 password 75183374

Opening: Serenity Prayer, read 12 Steps, read Tradition 4 & 5 read Concept 4 & 5

Welcome: New Intergroup Representatives (you may stay on Zoom at the conclusion and Dianne will do a brief orientation) and visitors

Minutes: Review and approve, March 13, 2022 minutes

Reports: You've received reports via e-mail from several Chairpersons and Committees

IG Chair IG Vice Chair IG Operations Administrator IG Treasurer

IG Public Information Chair Literature Chair Newsletter

Webmaster World Service Reps Region 4 Reps

Are there any questions? Are there any Chair or Committee reports not previously e-mailed?

Seventh Tradition Collection and Roll Call: Our Treasurer has reminded us that since we are not meeting in person, IG Reps and the additional members who attend our IG meetings are asked to mail our IG meeting 7th Tradition donations to the New IG mailing address or donate on the website. Be sure to clearly mark that these are IG Meeting 7th Tradition Contributions. Our group number is **09029**.

Elizabeth will mark you present on the sign in sheet. New Reps please email info@stlouisoa.org your contact information – Name, mailing address, phone, email, your group's WSO # (found on the Where and When). Are there any changes in your contact information? Also, any changes to your group's meeting information may be e-mailed to info@stlouisoa.org

Intergroup Reps: Any news or announcements from your group? How may we help your group?

New Business:

Ad Hoc Committee: Google Ad to carry the message using surplus cash in checking account.

- Presentation
- Motion and Vote

Breakout Workgroup(s): Notes from March IG meeting.

Overall challenges: missing/absent members; events are all zoom; competition for newcomers from pay as you go; getting volunteers involved in service beyond group level; a small number of groups that are willing to sponsor events; PI at doc offices not welcome; we are growing older.

Opportunities: Unity is our cornerstone, we work well together; we have global access now; we can be proactive; digital public information (eg google ads); attend other meetings via zoom and ask for support at our home group; workshops to teach about sponsorship, traditions etc.; OA speakers at treatment facilities.

1. Breakout 1 - Elizabeth, Coleen, Marilyn, Susan, Deb K, Gloria: digital google ads (committee formed and will present recommendations at May 15 IG meeting); get people excited about service, [social] get together to foster relationships/friendship in our community

2. Breakout 2 - Dianne, Tom, JMO, Marina, Jennifer: approach medical community [dieticians, docs]; sponsors take a proactive role in encouraging sponsees to set up to service; buy extra copies of brochures/Professional Community Courier to give to our personal docs; contact colleges with social work schools to volunteer as speakers for their class; shares from our global community members have brought fresh voices to our meetings; update Hand-in-Hand Directory (committee formed to accomplish this task); have fellowship events.

3. Breakout 3 - Della, Jeremy, Eileen, Suzanne, Anne: get more participation in IG – reminders that service is not optional; ask IG reps to invite sponsees; have more activities with groups; have a Facebook live meeting or event.

Breakout Workgroups Today: Addition ideas/feedback from our home groups. How can we translate ideas into action plans?

- 1.
- 2.
- 3.

Review: What needs to be announced in home meetings?

1. Events: Region 4 Convention – Omaha, Nebraska – July 15-17, register at www.oaregion4.org
2. Your Notes:

Adjournment and Closing Prayer

*****Next Intergroup Meeting – Sunday, June 12, 2022 at 1:30 pm*****