

## St. Louis Bi-State Area Intergroup Meeting

Sunday October 10, 2021 1:30-3:00 pm \*sign in 10 minutes early for instructions on Zoom

**Note New Permanent Zoom Meeting ID ZOOM MEETING ID: 940 5580 8391 PASSWORD: Serenity**

**Note New Telephone password By Telephone: 312-626-6799 password 75183374**

**Opening:** Serenity Prayer, read 12 Steps, read Tradition 10, read Concept 10

**Welcome:** New Intergroup Representatives (you may stay on Zoom at the conclusion and Dianne will do a brief orientation) and visitors

**Minutes:** Review and approve, September 12, 2021 minutes

**Reports:** You've received reports via e-mail from several Chairpersons and Committees

IG Chair	IG Vice Chair	IG Operations Administrator	IG Treasurer
IG Public Information Chair	Literature Chair	Newsletter	Retreat Chair
Webmaster	World Service Reps	Region 4 Reps	

Are there any questions? Are there any Chair or Committee reports not previously e-mailed?

**Seventh Tradition Collection and Roll Call:** Our Treasurer has reminded us that since we are not meeting in person, IG Reps and the additional members who attend our IG meetings are asked to mail our IG meeting 7<sup>th</sup> Tradition donations to the New IG mailing address or donate on the website. Be sure to clearly mark that these are IG Meeting 7<sup>th</sup> Tradition Contributions. Our group number is **09029**.

Elizabeth will mark you present on the sign in sheet. New Reps please email [info@stlouisoa.org](mailto:info@stlouisoa.org) your contact information – Name, mailing address, phone, email, your group's WSO # (found on the Where and When). Are there any changes in your contact information? Also, any changes to your group's meeting information may be e-mailed to [info@stlouisoa.org](mailto:info@stlouisoa.org)

**Intergroup Reps:** Any news or announcements from your group? How may we help your group?

**New Business:**

- **Region 4 Assembly News** – Save the Date Saturday November 20, 7:00 to 8:30 pm – Region 4 presents I.D.E.A. DAY **F**un **U**pbeat **N**ight – a virtual zoom experience.
- **St. Louis Bi-State Holiday Meetings** – Halloween Sunday October 31– Thanksgiving Thursday November 25 – Hanukkah Sunday November 28-Monday December 6, Christmas Eve Friday December 24, Christmas Day Saturday December 25, New Years Eve Friday December 31, New Years Day Saturday January 1.
- **Motion:** Volunteer timer (3 minutes). Elizabeth will record the votes. Will the maker of the motion please present and then speak to your motion.  
Alternate speakers, con, pro, con, pro, con.  
Questions from voting body? Volunteer timer (15 minutes)  
Proceed to vote by all in Favor, raise your hand in participants or options. All Opposed, raise your hand in participants or options.  
Elizabeth will announce the results.

**Old Business:**

- Reminder November is **Gratitude Month**

- Public Information:
  - Dianne: Explanation of status of our Social Media posts.
  - Discussion and/or questions
- **Announcement: Our Annual St. Louis Bi-State Business Conference is Sunday November 14.** All members of our Intergroup voting body will be receiving motions to be considered at the Conference by October 14, 2021. If you or your group wishes to submit a motion please submit to [chair@stlouisoa.org](mailto:chair@stlouisoa.org) or [secretary@stlouisoa.org](mailto:secretary@stlouisoa.org) prior to October 14 so that they may be included in the email to all of the voting members. Please review these motions and consent agendas and share them with your group members so opinions may be represented at the Conference. Also, we will be electing nominees for IG service positions. Any questions call Dianne S. 314-238-4052.
- **Open Service Positions in November:** It's not too early to start thinking about how **you can join our Intergroup service team**. We all are responsible to **Carry the Message**, service helps us bring the Twelfth Step into action. Plus, we have fun and enrich our fellowship experience and expand our **RECOVERY** working together! Nominations are being accepted for IG Chairperson, IG Secretary, IG Operations Administrator, Region 4 Representatives (3 openings), WSBC Delegate (2 openings). We also need chairpersons for the 2021 Convention and 2021 Retreat. Nomination forms for all service positions are available on the Webpage, [www.stlouisoa.org](http://www.stlouisoa.org) Please submit nomination forms to [chair@stlouisoa.org](mailto:chair@stlouisoa.org) by October 30, 2021.
- **GREAT NEWS!** St. Louis Bi-State Intergroup is having a **FALL RETREAT!! FRIDAY NOV 5 AND SATURDAY NOV 6**. It's going to be **VIRTUAL!!** That's right it's on Zoom! You're probably thinking what?? What?? At home, on Zoom, a retreat?? It's time for OAs to get creative, think outside the box. How can you retreat at home?
  - create your own special place, maybe a special nook or cranny in your home, or on your porch or deck, set the scene maybe some candles or quiet music in the background
  - if you have a hot spot on your phone what about a nearby park
  - get comfortable, relax on your couch or in a favorite lounge chair
  - invite an OA friend or two to retreat with you, maybe dinner Friday evening before the 7 pm session Reflection with Prayer and Meditation, or breakfast or lunch on Saturday, then Zoom in together
  - Maybe you have a program friend who doesn't have the internet, what a perfect opportunity to have them come over and experience Zoom
  - please feel free to continue to create and share out of the box retreat ideas
  - Your inspired Retreat Committee is hard at work putting together a great program – 3 Keynote Speakers, Hands on Activities, Time to Share and Visit. They've chosen to break the program into three sessions with time in between, so you're not glued to a screen for six hours. So, the rest is up to you, get registered, online registration is open. Sponsors, encourage or invite your sponsees to attend. Invite your OA friends to attend, the more the merrier.

**FRIDAY NOVEMBER 5, 7:00-8:30 PM \*\* REFLECTION WITH PRAYER AND MEDITATION**

**SATURDAY NOVEMBER 6, 9:00-11:00 AM \*\* DISCOVERIES OF SOUL TO SOUL WITHOUT FACE TO FACE**

**SATURDAY NOVEMBER 6, 1:00-3:00 PM \*\* REFLECTION WITH GRATITUDE**

**Workgroup: How can Sponsors get their Sponsees involved in Service?**

**Review: What needs to be announced in home meetings?**

- **November** is traditionally known as **Gratitude Month**. Please ask your group to consider a special collection to Intergroup as an expression of gratitude for our life saving recovery program. Gratitude is also an excellent theme for a November meeting.
- Save the Date Saturday November 20, 7:00 to 8:30 pm – Region 4 presents I.D.E.A. DAY **F**un **U**pbeat **N**ight – a virtual zoom experience. Flyer will be posted soon on our Webpage.
- **Be Sure** to continue asking **Newcomers** how they found out about OA and keep our **IG informed. Thanks.**
- Our **Newsletter committee** needs articles for upcoming Newsletters, please ask your home group members to submit articles. Refer to the Newsletter Chair's Report for subject matter suggestions, submission deadlines, etc.

#### **Adjournment and Closing Prayer**

***\*\*Next Intergroup Meeting –Our Annual St. Louis Bi-State Business Conference-***

***Sunday November 14, 2021 at 1:30 pm\*\****