

## St. Louis Bi-State Intergroup Minutes

October 11, 2020, 1:30 p.m.

**Open:** The meeting was called to order by IG Chair, Dianne S. at 1:30 p.m.

**Communications:** Meeting was held via ZOOM due to Illinois and Missouri state-wide restrictions on large gatherings due to viral covid-19 pandemic precautions. Members were instructed on meeting ID and Password via email.

**Readings:** Serenity Prayer, The Twelve Steps, Tradition 10, Concept 10

**Welcome:** 22 members total were in attendance; all via ZOOM. Six BOT members, two committee chairs, one R4 representative, 12 IG representatives, and one visitor.

**Minutes:** September 13, 2020 IG minutes were distributed via email for review prior to the meeting. Correction of attendees were noted and minutes updated as suggested. Minutes were accepted with the noted corrections made.

**Reports:** Multiple reports were distributed via email for review prior to the meeting. No questions/comments were posed from representatives regarding reports submitted.

**Seventh Tradition and Roll Call:** Participants were documented and signed in by Operations Administrator. Representatives were encouraged to be responsible to contribute for Seventh Tradition at <https://oaregion4.org/stlouisoa/contribute>. Treasurer reported Seventh Tradition for IG meetings has increased from previous year to date. Encouragement to continue this positive trend in donations.

### Old Business:

#### 1. Highlights of Region 4 Assembly:

Melanie T. gave an overview of the R4 Trustee future vision:

- a. Use St. Louis Bi-State IG as a communication hub for R4 due to the forward movement of keeping a current speaker/sponsor list.
- b. Trustee asking permission from Intergroups and groups to share the speaker/sponsor list on R4 website to encourage relationships within a wider scope than the bi-state area.
- c. St. Louis Bi-State IG may be used as a resource to help other R4 Intergroups
- d. St. Louis Bi-State IG representatives may be asked to attend other R4 intergroup meetings and serve as a resource to help setting up conventions and recovery events.
- e. Outreach for Abstinence and Recovery (OAR) Project for R4 was shared with our members to attend for additional insight of how to help promote recovery and maintain members. The workshop will be facilitated by a Region 8 Twelfth Step Within committee member. Zoom information shared for the October 13 workshop with representatives attending today's meeting.

#### 2. IG Zoom Account

Dianne S. updated members that St. Louis Bi-State Area IG has purchased a Zoom account that is available to be used for all IG functions, Super Saturday events, retreat, convention, workshops.

#### 3. Virtual Meeting List

Our current Virtual Meeting List on the webpage includes day, time, format (zoom or phone), meeting name and a contact person and phone number. This was created last March to provide safeguards for meetings from Zoom bombing, etc. There is also a separate meeting list for use of St. Louis Bi-State members and groups with meeting ID numbers and passwords, distributed through email to IG Reps.

- a. The BOT revisited this procedure and decided since meetings will be using Zoom indefinitely that we may want to follow the Online and Virtual Region's lead and publish the Zoom/phone ID numbers and passwords. Dianne S. made a motion to do so and it was seconded. A discussion followed about the pros and cons and it was decided to have IG Reps go back to their meetings and present

this discussion and ask for a group conscience about the proposed change. This motion was tabled until the November meeting.

- b. Also, at question is, should the St. Louis Virtual Meeting List be available on the Region 4 Webpage and by default WSO since they provide a link to our Webpage under the Find A Meeting tab?
  - c. PI will research how to educate groups about Zoom and Phone meeting safeguards.
4. **Social Media Platforms**  
Melanie T. provided update to members that Facebook, Twitter, and Instagram programs have all been established and are currently open for members to join. Melanie to provide tutorial on how to sign in to these accounts via email soon and representatives are highly encouraged to share the instructions with group members to gain traction with these forms of public media. The Facebook page is currently public, but will become a private group once members have started using. The Instagram and Twitter accounts are fully public.
5. **Call for Nominations for Open Positions 2021**
- a. Vice Chair
  - b. Treasurer
  - c. Public Information Chair
  - d. Newsletter Chair
  - e. World Service Delegate
  - f. Region 4 Representative

Reminder that all nominees are required to be present for the November 8 Business Conference either via telephone or Zoom to be elected. Nomination applications are available on website and must be received at least 15 days prior to election date of November 8.

6. **Storage Facility Information** will be made available as an addendum to the Policy and Procedure Manual, available on website.
7. **Public Information**- Eileen O. is in need of assistance contacting television, radio, and print media to update OA information. Contact Eileen at [SmediaOR@gmail.com](mailto:SmediaOR@gmail.com)

### **New Business:**

1. **Virtual Region**

Elizabeth C. shared experience on recovery using Virtual Region. Approximately 400 on-line meetings listed at <https://oavirtualregion.org>. Offers to select time zone and language. Literally any day or time will be offered to attend an online meeting.

2. **Communication Chain from Intergroup**

Dianne S. opened topic by asking how groups are receiving information from the business held at Intergroup meetings. Some meetings express wanting detailed information from IG whereas other groups are disinterested. Dianne S. requested to ask representatives to hold group conscience to determine what information they would like to be receiving beyond the monthly newsletter. Representatives are to bring group comments to next IG meeting for discussion.

### **Work Groups:**

Due to time concerns, work group of Twelfth Step within Subcommittee- "To Come or Not to Come" was postponed. Dianne S. will contact group members and report outcome of their work at next meeting.

### **General Announcements to Groups:**

1. Considerations for November 2020 business meeting. Seeking nominations for openings:
  - a. Vice-Chair
  - b. Treasurer

- c. Public Information Chair
  - d. Newsletter Chair
  - e. World Service Delegate
  - f. Region 4 Representative
2. Save the Date for Workshop: How Do I Become a Temporary Sponsor for a Newcomer? Saturday, November 21. 2-3:30 pm. Flyer to be released soon.
  3. Flyers for recovery events from outside our area must be forwarded to [vicechair@stlouisoa.org](mailto:vicechair@stlouisoa.org) for approval to be posted to our website.
  4. Springfield, Illinois groups are in need of support. Meeting times Monday 5:30 pm, Wednesday 12 pm, Thursday 5:30 pm. Contact Marie at 217-416-1648 for Zoom or phone information.
  5. Covid-19 allowing opportunities to attend recovery events in other states and/or countries without travel time and expense. Visit <https://oa.org/find-a-meeting>.

**IG Representatives Attention:**

**Please review the motions for Bylaw and Policy & Procedure amendments you received on 9/17/20. The motions are also listed on the website. Familiarize yourself with the motions and discuss them at meetings to be prepared to vote on November 8 at the annual Business Conference.**

The meeting adjourned at 3:01 p.m. with the OA Promise

**Next Intergroup Meeting**

**Annual St. Louis Bi-State Area Business Conference**

**Sunday November 8, 2020 1:30 p.m.**

**Platform via ZOOM. Communications to follow.**