

**St. Louis Bi-State Area Intergroup**

**September 13, 2020, 1:30-3:00 pm \*sign in 10 minutes early for instructions on Zoom**

**ZOOM MEETING ID: 811 4538 8019 PASSWORD: Serenity**

**By Telephone: 312-626-6799 password 167590**

**Opening:** Serenity Prayer, read 12 Steps, read Tradition 8 & 9, read Concept 8 & 9

**Welcome:** New Intergroup Representative and visitors (Read definition Bylaws Article VIII, section 3)

**Minutes:** Review and approve July 12, 2020 minutes

**Reports:** You've received reports via e-mail from several Chairpersons and Committees

IG Chair	IG Vice Chair	IG Operations Administrator	Treasurer
IG Public Information Chair	2020 Retreat Chair	Literature Chair	Newsletter
Webmaster	World Service Reps	Region 4 Reps	

Are there any questions? Are there any Chair or Committee reports not previously e-mailed?

**Seventh Tradition Collection and Roll Call:** Our Treasurer has reminded us that since we are not meeting in person, IG Reps and the additional crew who attends our IG meetings, need to mail our 7<sup>th</sup> Tradition donations to the New IG mailing address or donate on the website. Be sure to clearly mark that these are IG Meeting 7<sup>th</sup> Tradition Contributions.

Elizabeth will mark you present on the sign in sheet. New Reps please email [info@stlouisoa.org](mailto:info@stlouisoa.org) your contact information – Name, mailing address, phone, email, your group's WSO # (found on the Where and When) Are there any changes in your contact information?

**Old Business:**

1. Fall Retreat feedback
2. Open Service Positions – Susan T shares her Experience, Strength and Hope
3. Public Information master plan – Melanie (a brief overview, stressing need for IG Rep by-in, Group/Meeting by-in and each member by-in to fill the many service opportunities that will become available on an on-going basis to actualize this plan and accomplish our primary purpose of carrying the message to the still suffering compulsive overeater.)

**New Business:**

1. Should our Bi-State Intergroup have a paid Zoom Account? Discussion.

**Work Groups:**

- PI - Melanie – Twelfth Step Within Subcommittee – Explanation of Newcomer/Relapse Program – Recruiting a subcommittee chair and volunteers to actualize
- PI – Dianne – Twelfth Step Within Subcommittee – ‘To Come or Not to Come’ outreach to groups who are not sending reps to the IG Meetings since travel is no longer an obstacle.

**Intergroup Reps:** Any news or announcements from your group? How may we help your group?

**Review:** What needs to be announced in home meetings?

- **New Event!** October 10 1:00-4:00 pm – Super Saturday on Zoom – Step 10 “Keep on Keeping On” hosted by New Me Group, be sure to mark your calendar!!
- Great Opportunity to learn what happens at Region 4 Assembly, Friday evening Oct 2 and all day Saturday Oct 3 – guests are invited to attend since this will be a Zoom meeting (no travel or registration fees)– register at oaregion4.org, find tab for Region Assembly and look for Assembly Guest Registration.
- Covid -19 is giving us opportunities to attend recovery events in other states and even other countries without the travel time and expense. Other Intergroups and meetings are sending information about Virtual Events, we are posting these flyers/invitations on the Webpage and Region 4 is also posting them on their webpage. Check it out!
- Change of address reminder, St. Louis Bi-State Area Intergroup, PO Box 28882, St. Louis, MO 63123-0082
- **Heads up!** Our November Business Meeting is just two short months away. Since it is an even year the following officer positions will be open – Vice Chairperson, Treasurer and PI Officer. Our Newsletter Chair, Liz P has announced she needs to step down, so we need a Newsletter Chair. Also, we have 2 open positions for Region 4 Reps and 1 open position for World Service Delegate. Please prayerfully consider if any of these service opportunities may enhance your recovery. Send Nomination form (available on the Webpage – Intergroup tab, business documents & forms, intergroup service nomination form) prior to October 28 so there is time to add it to the monthly IG Newsletter/Information email.
- The OA bookstore has a new book Body Image, Relationships and Sexuality, Marilyn F is ordering some copies please contact her if you would like to make arrangements to buy one locally.

#### **Adjournment and Closing Prayer**

**\*\*Next Intergroup Meeting –Sunday October 11, 2020 1:30 pm\*\***

**\*Next Board of Trustees Meeting –TBA December 2021 Budget \***